



CSNA - NAC Art Contest

*Design a Poster for CSNA-NAC
The Theme is "Nutrition in Action"*

Tips for Artists

In years past, the strongest entries have usually been...

Keep it simple and clear

Do not use details that are so small that they cannot be clearly reproduced.

Colorful

so they can be reproduced onto a t-shirt and other materials if selected as the winner.

Drawn by hand

As opposed to using a computer or a stencil.

Carefully thought through

By the artist so that the theme is used in a clear, unique, and interesting way.

Contest Guidelines and General Information

The poster should reflect NAC members' responsibility to:

- Work toward high nutrition standards in his/her school
- Bring about understanding and appreciation of school food service
- Become knowledgeable about good nutrition and promote healthy environments

All Students who participate in a CSNA NAC charter are eligible.

Three winners will be selected: one from grades K-4, one from grades 5-8, and one from grades 9-12.

Each entry must be accompanied by a completed and signed official entry form (see next page).

Each entry must be the student's original drawing on an 8 ½ x 11-inch sheet of white, unlined paper (plain white paper only: poster board is not allowed).

Poster design details must be clear and legible for use in various formats (letterhead, t-shirts, coffee mugs, posters, etc.)

The student's name, grade and school must appear on the back of the original artwork.

All entries become the property of CSNA

One of the 3 winners will also be selected as

The Grand Prize Winner!

The Grand Prize winning artwork will be featured in Poppy Seeds magazine as well as on the back of the official 2009-2010 NAC T-shirt!

The Winners selected from each category receive

- A Commemorative Plaque
 - NAC T-Shirt
 - \$75.00

**DEADLINE: ARTWORK MUST BE POSTMARKED NO LATER THAN
FRIDAY, DEC. 4, 2009.**

MAIL ENTRIES TO:

Jill Lancaster, Director of Nutrition Services
Murrieta Valley Unified School District
41870 McAlby Court
Murrieta, CA. 92562
Re: NAC Art Contest



OFFICIAL ENTRY FORM
2009-2010
NAC ART CONTEST

Design an official CSNA-NAC Poster,
This Year's Theme is: "Nutrition in Action"

Mail this completed entry form with the student's artwork to NAC Chair Jill Lancaster
(Guidelines for entries and mailing address on previous page.)

Use one OFFICIAL ENTRY FORM for EACH Piece of artwork submitted. Please make copies of this form as needed.

NOTE: ALL ENTRIES MUST BE POSTMARKED BY: DECEMBER 4, 2009.
Entries postmarked after December 4, 2009 are not eligible for competition.

Please type or print the following information. All fields are required.

Student's Name _____

Home Address _____

City _____ State _____ Zip _____

Grade _____ Age _____

School Name _____ School Phone (____) _____

School Address _____

City _____ State _____ Zip _____

NAC Advisory Name _____ NAC Advisor Phone (____) _____

NAC Advisor Title _____ NAC Advisor email _____

NAC Advisor Signature _____ CSNA NAC Charter Number _____

FOR INTERNAL USE ONLY-DO NOT WRITE BELOW THIS LINE

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Date Postmarked _____ Date Received _____

Circle Entry Category:	Grade K-4	Grade 5-8	Grade 9-12
Rating	4	3	2
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