



2010 PHOTO CONTEST

SCHOOL NUTRITION - EDUCATION IN ACTION

is the theme for this year's Photo Contest sponsored by CSNA!
So pull out that brand new digital camera, or hula old school by loading up the film in your old classic and shoot your winning picture!

PHOTO CONTEST RULES:

1. Contest is open to all CSNA members (excluding sustaining members).
2. Only three entries per person will be accepted so send your BEST THREE!
3. Each entry **MUST BE ACCOMPANIED BY AN OFFICIAL ENTRY FORM** that has been completely filled in. Three photos? Three Entry Forms.
4. Entries must be a 5"x 7" color print of a photograph. PLEASE, Original Photos Only
5. Photo content must pertain to theme, "School Nutrition: Education In Action"
6. Entries will NOT be returned.
7. Three winners will be selected. Winning photos will appear in an issue of Poppy Seeds. 1st place winner will receive a cash prize of \$100, 2nd place winner will receive \$50, and 3rd place winner will receive \$25.
8. **DEADLINE** for entries to be **RECEIVED** is December 5, 2009.

Send entries to: Sally Spero, San Diego USD, 6735 Gifford Way, San Diego, CA 92111



TIPS FOR SUCCESS

1. Use natural light whenever possible and aim away from your light source.
2. Have a focal point.
3. Use lines to draw viewer into the picture - a row, a table, etc.
4. "Crop" the best part of your photo.
5. Have fun with the contest!

Poppy Seeds Photo Contest

Official Entry Form

Sponsored by



CALIFORNIA SCHOOL NUTRITION ASSOCIATION

Please Print

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone Number: () _____

School District: _____

School: _____

Address: _____

City: _____ State: _____ Zip: _____

School Phone Number: () _____

Chapter Number: _____

Please write two or three sentences describing your entry.

