

SEPTEMBER 1

ISSUE NO. 1

SOUTHERN CALIFORNIA SCHOOL NUTRITION ASSOCIATION CHAPTER 1



STAY CONNECTED!



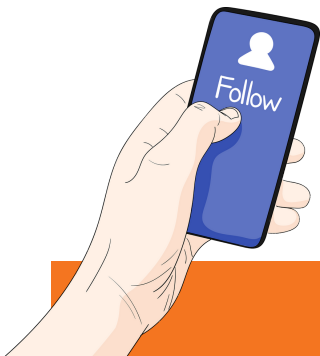
@southerncsna



@EatSmart2BeSmart



@southerncsna



In this newsletter

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Meet the Executive and Appointed Board
Member Shout Outs
Nominating Committee
Raffle
Fundraiser
Chapter 1 Website- EatSmart2BeSmart
Assembly Member-Mike Gipson
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NAC

Eat Smart 2 Be Smart
www.eatsmart2besmart.org

PRESIDENT'S MESSAGE

Welcome to the 2022-23 school year!

It is a thrilling time to be in the school nutrition business. When I first was introduced to this industry as a dietetic intern seven years ago, I recall wishing for universal free meals. Never did I expect it to happen so quickly and amidst a pandemic! Regardless, the day is here and we are making school lunch history in California.

I've gone through many growing pains the last few years while trying to navigate these tumultuous times. I find myself learning something new every day and have relied on the support of my fellow colleagues in both the school and industry sectors. The relationships we have with each other are one of the things that keep me resilient and reinforces the love I have for our industry. Every time we laugh (or cry) together, I always seem to find hope and optimism.

Thank you all for continuing to embrace our association and supporting one another. It's going to be a great school year!

Brenda Zarate

President, Southern California School Nutrition Association

PRESIDENT



How many years have you worked in school nutrition/
7 years

How many years have you been a SCSNA member?
5 years

Your favorite food growing up as a kid?
Watermelon! Watermelon continues to be one of my favorite foods! The best watermelon I have ever had was when I was 10 years old in Mexico. I still think about that watermelon to this day.

BRENDA ZARATE

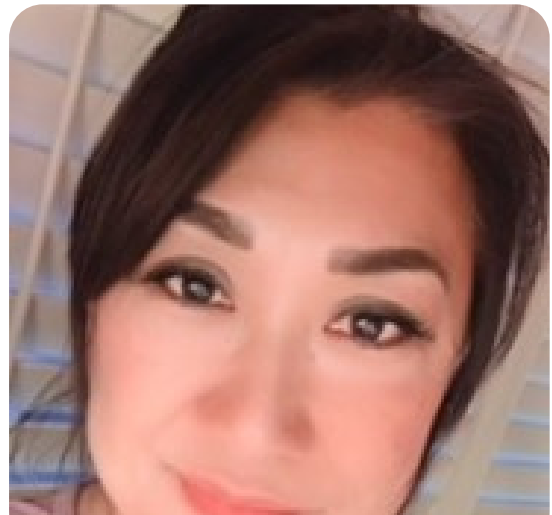
bzarate@mtviewschools.net

PRESIDENT ELECT

How many years have you worked in school nutrition?
14 years

How many years have you been a SCSNA member?
14 years

Your favorite food growing up as a kid?
Fried Chicken



EMMALYN COLE

eColes@uvusd.org

RECORDING SECRETARY



How many years have you worked in school nutrition? 9 Years

How many years have you been an SCSNA member? 5 Years

Your favorite food growing up as a kid?

Freshly picked, and often very ripe, oranges and guavas from the trees in my childhood home. I would often move guava holding branches away from the open sky in hopes of beating the birds to them.

ERIC ENCISO

eric_enciso@cjusd.net

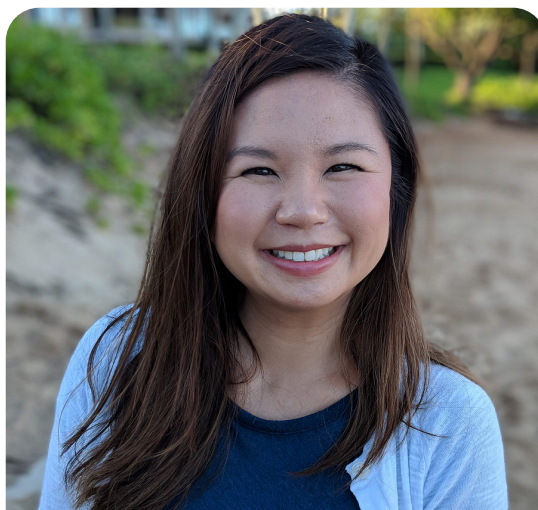
CORRESPONDING SECRETARY

How many years have you worked in school nutrition? 11 Years

How many years have you been an SCSNA member? 8 Years

Your favorite food growing up as a kid?

Pizza! I think pizza deserves to be it's own food group.



JENNY LEE

jlee@emcsd.org

TREASURER



How many years have you worked in school nutrition? Over 16 years

How many years have you been an SCSNA member? 13 years

Your favorite food growing up as a kid? Taco Snack

MAYRA TREJO

trejom@cvuhfd.org



LIZ BROWN-SMITH

liz.brown-smith@uwhsd.org



NANCY WIKES

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SUZANNE VILLEDROUIN

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RICHARD WOOD

rwood@integratedfoodservice.com



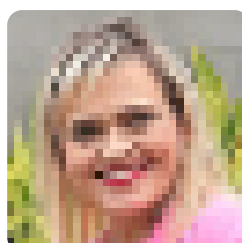
KRISTY HARDING

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BETTY CROCKER

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MATT UPTON

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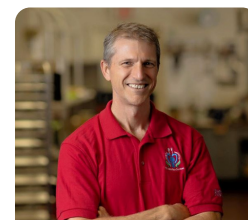
JENNIFER CHIN GONZALES

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KATHLEEN COLE

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MICHAEL BURNS

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TONY ROBERTS

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VIVIEN WATTS

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GERI LORENZANA

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SUZY SAYRE

suzy.sayre@emuhsd.org



TONI FU


toni.fu@emuhsd.org



VICTOR TREJO

victor_trejo@myfsd.org

NEW DIRECTORS/ NEW DISTRICTS!



Mina Choi	Brea Olinda School District
Ashlin Connolly,	Huntington Beach SD
Lissette Rooney	Lawndale USD
Annie Ryu	Los Alamitos USD
Nancy Wikes	Palos Verdes Peninsula USD

MEET YOUR NOMINATING COMMITTEE



**Kathleen Cole,
Chair**

Director of Nutrition Services
Torrance Unified School District
cole.kathleen@tusd.org
(310) 972-6351



**Jillian
Navarro**

Director, Child
Nutrition & Purchasing
Redondo Beach USD
jnavarro@rbusd.org
(310) 937-1260



**Alyssa
Ribaya**

Director of
Nutrition Services
Oxnard Union HSD
alyssa.ribaya@oxnardunion.org
(805) 385-5242



**John
Rivera**

Director, Nutrition & Wellness
Rosemead SD
jrivera@rosemead.k12.ca.us
(626) 312-2900 x255



**Lucy
Albera**

Director of Nutrition
Services
Paramount USD
labera@paramound.k12.ca.us
(562) 602-6031

Southern California Chapter 1
School Nutrition Association

WE'RE LOOKING FOR

- President Elect
- Treasurer
- Recording Secretary
- Corresponding Secretary
- Nominating Committee



[Contact Nominating Committee](#)



PRESIDENT ELECT

- Conducts meetings in the President's absence.
- Becomes acquainted with all duties of the President, other members of the Executive Board, committees, and affiliated chapters.
- Plans programs for regular meetings.
- Serves as a second delegate to CSNA House of Delegates.
- Makes arrangements to print announcements of regular meetings to the membership.
- Recommends budget and registration fees for Executive Board approval.
- Presents tentative schedule and details at each Executive Board meeting.
- Writes to speakers, requesting bios & info to be printed in the program or for introduction.
- Responsible for sending articles and registration forms.
- Designates site room needs for meeting sessions if needed.
- Arranges for special music or entertainment and special equipment with local site hotel.



Eat Smart 2 Be Smart
www.eatsmart2besmart.org

RECORDING SECRETARY

- Maintains a current record of all meetings of the Association and the Executive Board in books belonging to the Association.
- Prepares the minutes of the Executive Board and Regular meetings.
- Assists the President and President-Elect in developing a handbook for Executive Board members.
- Provides President with detailed report of proceeding of each Board meeting.
- Serves on committees as requested by the President and Executive Board.
- In absence of the By-Laws and Parliamentary Chair, the Recording Secretary helps maintain proper parliamentary procedures.
- Assist Nominating Chair with ballot tallying.



TREASURER

- Responsible for all funds and securities of the Association.
- Prepares and submits books and records for annual audit to CPA.
- Establishes necessary bank accounts for the Association business.
- Maintains files of receipts and reimbursements.
- Assists President, President Elect, Scholarship Chair and other committee chair in developing a budget.
- Receives requests for payment of bills for expenses by Association members
- Determines if expenditure is within the yearly budget.
- Writes check, obtains necessary signatures, mails checks to proper company or individual.
- Maintains records of financial transactions and prepares a financial summary.
- Plans budget and presents to Executive Board for approval.
- Disburses donations for school bonds from the Legislative Fund.



CORRESPONDING SECRETARY

- Conducts correspondence as directed by the Executive Board.
- Writes and mails correspondence acknowledging program participants at the regular and special meetings.
- Writes and mails correspondence acknowledging sponsorships and donations to the Association.
- Sends correspondence to members on appropriate occasions such as retirement of a member, wedding, birth of a baby, illness, death in family.
- Distribute meeting documents distributed at board meetings to absent board members.



NOMINATING COMMITTEE

- Committee consists of 5 Members and 1 serves as a Chair of the committee and as a member of the Executive Board.
- Recruits candidates and submits names of members for nomination by December.
- Elected Positions include: President Elect, Treasurer (2 yr term), Recording Secretary, Corresponding Secretary and Nominating Committee (5 members).
- Meets with Committee as needed.
- Deciphers voting method and distributes ballots.





WANT TO SUPPORT SCSNA BY GETTING RICHER? NOW YOU CAN!

Raffle

RULES:

Purchase tickets by scanning the QR Code

DEADLINE: 11:00 AM TODAY FRIDAY, 9/23/2022

You can support our chapter by purchasing raffle tickets. Fifty percent of the total proceeds go to the winner; the leftover amount will be reinvested in our chapter to benefit all members.

Emmalyn Coles

37th Annual Fundraiser

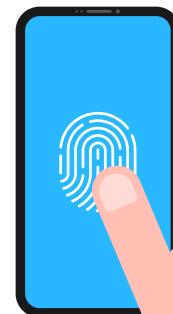
Thursday, October 6th
6:00 pm to 9:00 pm

Top Golf - Ontario
1050 North Archibald Ave.,
Ontario, CA 91764

Richard Wood
SCSNA Industry Chairperson
rwood@integratedfoodservice.com



REGISTER NOW 



Visit us



WHY?

- Chapter 1 Upcoming Events and registration links
- Executive Board contact information
- Legislative Updates
- Industry Marketplace - groceries, services, equipment
- AND - YOUR digital membership directory





Integrated Hosts Assembly Member Mike Gipson District 64

"It was a fantastic visit and we made some good inroads. Mr. Gipson now understands more about child nutrition and everything it takes to feed the kids."

-Richard Wood, Regional Sales Manager



SOUTHERN CALIFORNIA SCHOOL NUTRITION ASSOCIATION

2022-2023

BUDGET

	<u>ACTUALS</u> <u>June 30, 2022</u>	<u>BUDGET</u> <u>2022-2023</u>
<u>INCOME:</u>		
LOCAL DUES	\$ 5,505.00	\$ 8,500.00
DIRECTORIES	\$ -	\$ 440.00
LUNCHEONS	\$ 63,449.18	\$ 85,000.00
WAYS & MEANS	\$ 5,356.96	\$ 5,000.00
INTEREST - GENERAL FUND	\$ 4.33	\$ 5.00
INTEREST - PROGRAM SUPPORT	\$ 2.56	\$ 5.00
FUNDRAISER	\$ 47,133.14	\$ 71,100.00
PROFESSIONAL DEVELOPMENT	\$ 3,981.39	\$ 15,000.00
MARKETING	\$ 1,970.75	\$ 6,000.00
OTHER	\$ 200.00	\$ -
TOTAL	<u>\$ 127,603.31</u>	<u>\$ 191,050.00</u>

EXPENSES:

PROGRAM	\$ 19,303.10	\$ 25,000.00
LUNCHEON	\$ 47,979.49	\$ 70,000.00
MEETINGS (i.e. transition, board)	\$ 223.50	\$ 3,000.00
INSTALLATION (i.e. board gifts)	\$ -	\$ 500.00
NEWSLETTER	\$ -	\$ -
PRESIDENT	\$ 1,557.63	\$ 1,500.00
PRESIDENT-ELECT	\$ -	\$ 1,000.00
DIRECTORIES	\$ 1,212.75	\$ 1,500.00
POSTAGE & MAILINGS	\$ 29.00	\$ 50.00
WAYS & MEANS	\$ 3,675.00	\$ 1,500.00
FUNDRAISER	\$ 4,982.09	\$ 30,000.00
PROFESSIONAL DEVELOPMENT	\$ 3,750.00	\$ 10,000.00
MARKETING	\$ 10,898.61	\$ 12,000.00
PROGRAM SUPPORT (i.e. LAC)	\$ 24,332.76	\$ 34,000.00
SCHOLARSHIP	\$ -	\$ 500.00
OTHER	\$ 42.34	\$ 500.00
TOTAL	<u>\$ 117,986.27</u>	<u>\$ 191,050.00</u>

Cash on hand General Fund (#07239) - June 30, 2022 \$ 41,874.82

Cash on hand Program Support (#07240)- June 30, 2022 \$ 6,865.91

Cash on hand General Fund (#1397) - Clearing Acct - June 2022 \$ 10,000.00

Total Cash on Hand- June 30, 2022 \$ 58,740.73

Prepared by: Mayra Trejo, Treasurer

Approved:

SOUTHERN CALIFORNIA SCHOOL FOOD SERVICE ASSOCIATION

TREASURER'S REPORT as of June 30, 2022

<u>INCOME</u>	<u>BUDGET</u> <u>2021-22</u>	<u>YEAR</u> <u>TO DATE</u>	<u>BALANCE</u>
LOCAL DUES	\$ 8,500.00	\$ 5,505.00	\$ 2,995.00
DIRECTORIES	\$ 440.00	\$ -	\$ 440.00
LUNCHEONS	\$ 85,000.00	\$ 63,449.18	\$ 21,550.82
WAYS AND MEANS	\$ 5,000.00	\$ 5,356.96	\$ (356.96)
INTEREST GEN. FUND	\$ 5.00	\$ 4.33	\$ 0.67
INTEREST PROG FUND	\$ 5.00	\$ 2.56	\$ 2.44
FUNDRAISER	\$ 71,100.00	\$ 47,133.14	\$ 23,966.86
PROFESSIONAL DEV	\$ 15,000.00	\$ 3,981.39	\$ 11,018.61
MARKETING	\$ 6,000.00	\$ 1,970.75	\$ 4,029.25
OTHER	\$ -	\$ 200.00	\$ (200.00)
TOTAL	\$ 191,050.00	\$ 127,603.31	\$ 63,446.69
 <u>EXPENSES</u>			
PROGRAM	\$ 25,000.00	\$ 19,303.10	\$ 5,696.90
LUNCHEON	\$ 70,000.00	\$ 47,979.49	\$ 22,020.51
MEETINGS (board, transition)	\$ 3,000.00	\$ 223.50	\$ 2,776.50
INSTALLATION	\$ 500.00	\$ -	\$ 500.00
NEWSLETTER	\$ -	\$ -	\$ -
PRESIDENT	\$ 1,500.00	\$ 1,557.63	\$ (57.63)
PRESIDENT-ELECT	\$ 1,000.00	\$ -	\$ 1,000.00
DIRECTORIES	\$ 1,500.00	\$ 1,212.75	\$ 287.25
POSTAGE & MAILINGS	\$ 50.00	\$ 29.00	\$ 21.00
WAYS AND MEANS	\$ 1,500.00	\$ 3,675.00	\$ (2,175.00)
FUNDRAISER	\$ 30,000.00	\$ 4,982.09	\$ 25,017.91
PROFESSIONAL DEV	\$ 10,000.00	\$ 3,750.00	\$ 6,250.00
MARKETING	\$ 12,000.00	\$ 10,898.61	\$ 1,101.39
PROGRAM SUPPORT (lac)	\$ 34,000.00	\$ 24,332.76	\$ 9,667.24
SCHOLARSHIP	\$ 500.00	\$ -	\$ 500.00
OTHER	\$ 500.00	\$ 42.34	\$ 457.66
TOTAL	\$ 191,050.00	\$ 117,986.27	\$ 73,063.73

OPERATIONAL

SURPLUS (DEFICIT): \$ 9,617.04

CASH ON HAND : \$ 58,740.73

Bank of America

General Fund Account #07239 \$ 41,874.82

General Fund Clearing Acct #1397 \$ 10,000.00

Program Support Account #07240 \$ 6,865.91

Prepared By:

Mayra Trejo, Treasurer

Approved: 8/26/22

Executive Board

6/16/22 - Transferred \$10,000 from #01397 to #07240 to cover fundraiser venue deposit.



Attention Industry Members!

Support Student Nutrition Advisory Councils (NAC)

Become a NAC Partner!

Held at our annual conference, this event will be exciting and educational for everyone! Your sponsorship allows students to have interactive experiences with regard to nutrition, physical activity, and healthy food choices. NAC students will walk through the exhibit hall with a chaperone, visiting NAC sponsor booths to sample your nutritious items. Students will evaluate your products, and you will receive their feedback.

Your \$400.00 sponsorship covers...

CSNA-NAC Mini-Conference

Date: Friday, October 21, 2022

Location: Pasadena Convention Center
Pasadena California

In addition, your sponsorship will also include:

- *Recognition as a NAC sponsor in Poppy Seeds*
- *Recognition as a NAC sponsor at State Conference*
- *Recognition as a NAC sponsor at your vendor booth.*
- *Free T-shirt from the NAC Art Contest*

<u>Broker</u>	
Contact:	<input type="text"/>
Address:	<input type="text"/>
Phone:	<input type="text"/>
Fax:	<input type="text"/>
E Mail:	<input type="text"/>

<u>Manufacturer</u>	
Contact:	<input type="text"/>
Address:	<input type="text"/>
Phone:	<input type="text"/>
Fax:	<input type="text"/>
E Mail:	<input type="text"/>

Please complete this form and mail to the address Below.
Be sure to enclose your check for \$400, Made payable to CSNA- NAC.

Thank you for your support and partnership!

Send completed form with check to:
California School Nutrition Association Attn: NAC
P.O. Box 11376 Burbank, CA 91510

DEADLINE: PLEASE SUBMIT SPONSORSHIP FORMS BY SEPTEMBER 15th, 2022

NAC Coordinators Contact Information:

Dawn Stone
Escondido Union School District
Re: CSNA-NAC (Industry Applications)
2310 Aldergrove Ave., Escondido CA 92029
dstone@eusd.org

Note: Because the mission of NAC is to promote nutritious habits, we ask that product sampling comply with the Smart Snacks in Schools and follow the guidelines set out in the Health Hunger Free Kids Act, 2010.



NAC 2022

NAC Mini- Conference

Date: Friday, October 21, 2022

Location: Pasadena Convention Center

Time: 9:00 am - 1:00 pm

300 E. Green Street

Pasadena, CA 91101

SPACE IS LIMITED SO REGISTER EARLY!

Nutrition Education, Physical Fitness Fun Meet Other NAC Student Leaders Ideas for NAC Activities, Motivational Speakers.

Taste Testing - Items for school meals, healthy snacks. Use this form to sign up for the Mini-Conference.

We strongly recommend students be 4th grade or older to attend. You will have to provide a 6 students to 1 adult ratio for this event. Email or send completed form to Dawn Stone.

Registration Deadline: Monday, September 26, 2022

Number of Students Attending: _____ Grade Level of Students: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

**Dawn Stone/ dstone@eusd.org
Escondido Union School District**

2310 Aldergrove Avenue Escondido, CA 92029

Phone Office: 760.432.2190/ Cell: 760.315.7283