

Southern California School Nutrition Association

Chapter 2 Meeting



November 30, 2018



DISNEY'S PARADISE PIER HOTEL
ANAHEIM, CALIFORNIA

President's Message:

Now that things have settled down a bit with the opening of school behind us, we can finally begin the productive work of achieving our goals for the school year. Fall is my favorite time of year and the approach of the holiday season, brings a focus on gratitude and appreciation. Most recently, 1. Gratitude for the team of volunteers that comprise our SCSNA Executive Board, 2. Appreciation for our industry advisors and their dedicated team, for our Chapter's exciting annual fundraiser, A Night of Comedy, a fun-filled evening of friendship, food and laughter. 3. Finally, gratitude for the recent CSNA Conference, the gathering of colleagues, seeing the many products shared by our industry partners, the opportunity to learn of new resources and techniques to enhance our programs, and uniting with friends from across the state that we see only at this November event.



Our job is to be the best leaders possible, maintain a sustainable business model, meet USDA guidelines, fulfill the needs of our students and their families – all while creating a positive and productive atmosphere AND meeting the needs of our employees. Ensuring the worktime happiness of employees is one of the biggest achievements for a leader and a reliable way to increase productivity. In my reading recently, I found several references to promoting happiness in the workplace including, Mary Kelly, from Productive Leaders:

7 Steps to Creating a Happier Workplace:

1. **Employee development.** A happy workplace is one that is committed to continuous employee development, supporting workers who want to take risks by allowing them to try, occasionally fail, and learn from the process.
2. **Flexibility and understanding.** Smart employees need flexibility as well as work challenges to stimulate new ideas. Most employees are more inclined to be creative, explore more solutions, and work harder when they have more freedom. *Of course, that must include compliance with our friend USDA.*
3. **Avoiding work burnout.** A common complaint of work burnout is not just about too many hours employees spent at work, but how they feel while they are on the job. If they feel are appreciated they do not mind spending more time and energy on a project or a task.
4. **Getting rid of obstacles.** Survey workers to find out if there are obstacles that get in the way of productivity and the resulting job satisfaction. Do not wait for an exit interview to find problems but act proactively to analyze and assess.
5. **Resolving conflict.** A happy workplace isn't necessarily free from conflict, but in productive companies, management works to constructively resolve conflict. Using differences to find new solutions is what imaginative companies do best.
6. **Meaningful work.** Cultivating an ambiance of mindfulness and meaning at work is an important factor in encouraging a happy workplace. According to research conducted by Stanford Graduate School of Business, there is a huge relation between happiness and meaning, and feeling as though our work contributes to a greater cause is extremely gratifying.
7. **MOST IMPORTANTLY - Being appreciated.** Few people confess to feeling over appreciated at work. Research found that 80% of employees said that being appropriately recognized makes them feel more satisfied with their job. A workplace is likely to be a much happier place when there are a policy and practices to make sure that people are regularly appreciated and acknowledged for the job they do. When employees feel that their happiness matters at their workplace, they tend to be more productive.

We spend a lot of our time at work, so let's work happy! These are just a few of the attributes we all observe and foster. Achieving a healthy work environment and a happy workplace is always a challenge – but a rewarding goal.

I wish everyone a safe and happy holiday season and look forward to seeing you again at our next meeting on January 18, 2019.

Susan Delgado, SCSNA President



Southern California School Nutrition Association
Supervisory Chapter 1 Meeting



Disney's Paradise Pier Hotel

1717 S. Disneyland Drive, Anaheim, California 92802
(714) 999-0990

November 30, 2018

Agenda

8:30 – 9:00 a.m.	Registration and Coffee, Tea, and Light Breakfast	
9:00 – 10:00 a.m.	Opening and Flag Salute	Linda Scaletta, Director <i>SCSNA President-Elect</i>
	Welcome	Agnes Lally, Director <i>Garden Grove Unified School District</i>
	Inspiration	Marianne Orr, Regional Sales Manager <i>Don Lee Farms</i>
	Business Meeting	Susan Delgado, SNS <i>SCSNA President</i>
10:00 a.m.–11:30 a.m.	Advocacy by Design	Wendy Lau, Edgewaterlab Studio
	Since graduating UCLA and Art Center College of Design, Wendy Lau has worked on digital and print design and branding for businesses including a creative office, electronics accessories brand, music streaming service, and a sports and entertainment content and ticketing company. She has also designed Giant Robot magazine and worked on personal and freelance projects such as fabric design, logo design, and custom invitations. Wendy co-founded Save Music in Chinatown for Castelar Elementary School.	
	<ul style="list-style-type: none">• Learn about design and branding• See real-world examples of design applied to school collateral• Tips on building sustainable templates	
11:30 a.m. – 12:00 p.m.	Networking / Stretch Break	
12:00 p.m.	Lunch	
1:00 p.m.	Closing Announcements	

Buffet Lunch:

Fiesta Caesar Salad with Cotija Cheese, Roasted Corn Relish, Tortilla Strips and Cilantro-Jalapeno Caesar Dressing (vegetarian)
Skillet Roasted Corn Salad
Cumin-Cilantro Marinated Grilled Chicken Breast
Lemon-Garlic Marinated Carne Asada
Vegetarian Enchiladas
Warm Flour & Corn Tortillas, Cilantro Arroz, Refried Beans with Tomato & Cilantro
Tres Leches Cake, Fruit Empanadas, Dulce de Leche Flan
Freshly Brewed Coffee, Decaffeinated Coffee
Specialty Teas & Iced Tea



Southern California School Nutrition Association
 Supervisory Chapter 1 Meeting
 Registration Form

Reservation Deadline: Wednesday, November 21, 2018

Payment Options: Includes Lunch & Sessions

Chapter 1 Members:

Pre-Register for meeting by deadline at \$65 each

Non-Members:

Pre-Register for meeting by deadline at \$75 each

Students/Interns:

Pre-Register for meeting by deadline at \$50 each **On-Site**

Registration - Pay at the Door: \$75 each

Meeting Dates & Locations

November 30, 2018 – Bring an Advocate
 Paradise Pier, Downtown Disney, Anaheim
 January 18, 2019 – Bosses Lunch with Greg Bell
 Pacific Palms Resort, City of Industry
 March 29, 2019 – Sustainability
 SoCalGas Energy Resource Center, Downey
 May 17, 2019 – Installation & Disaster Response
 Marriott Burbank Airport Hotel, Burbank

Please check all that apply: *RSVP is a commitment to pay.*

<input type="checkbox"/>	\$275	Chapter 1 Member: Pre-Registered and Pre-paid by September 12, 2018 for all five meetings. List attendee(s) below.
<input type="checkbox"/>	\$65	Chapter 1 Member: Pre-Register by November 21, List attendee(s) below.
<input type="checkbox"/>	\$75	Non-Members: Pre-Register by November 21, List attendee(s) below.
<input type="checkbox"/>	\$50	Student/Interns: Pre-Register by November 21, List attendee(s) below.
<input type="checkbox"/>	\$75	On-Site / Pay at the door / and Registration after November 26 deadline. Please send RSVP registration form via fax or email and bring payment on day of the event. List attendee(s) below.
	\$	TOTAL AMOUNT ENCLOSED The above pricing is for one attendee only. Fill in the total for all attendees here. Make check payable to SCSNA.

District/Company: _____ Phone: _____

Address: _____ Email: _____

Attendee Name(s):

Select One:

- _____ Vegetarian meal requested
- _____ Vegetarian meal requested
- _____ Vegetarian meal requested
- _____ Vegetarian meal requested

Please **mail or e-mail** registration form and check (payable to SCSNA) to:

Suzy Sayre, Registration Chair, SCSNA
 Food Service Director El Monte Union High School District
 3537 Johnson Ave, El Monte, CA 91731
 Phone: 626-444-9005 x9875
 suzy.sayre@emuhsd.org

Credit cards are no longer accepted



Southern California School Nutrition Association
Supervisory Chapter 1 Meeting
November 30, 2018

Advocacy by Design Keynote Speaker

Wendy Lau

Edgewaterlab Design and Content

Since graduating UCLA and Art Center College of Design, Wendy Lau has worked on design and branding for businesses including a creative office, electronics accessories brand, music streaming service, and a sports and entertainment content and ticketing company. She has also designed Giant Robot magazine and worked on personal and freelance projects such as fabric design, logos, art books, and custom invitations. Clients include Disney, Calamigos Ranch, The Victorian, LegalZoom, interTrend Communications, AdamsMorioka, Kumquat Baby, Pepsi, artist Andy Alexander, eBay, and more.



Southern California School Nutrition Association Supervisory Chapter 1 2018 - 2019

Elected Officers

President: Susan Delgado, SNS
President Elect - Linda Scaletta
Recording Secretary – Christina Obregon
Corresponding Secretary – Maria Calderon
Treasurer - Trieste C. Huey
Past President - Vivien Watts, MS, SNS

Executive Board

By Laws & Rules/Parliamentarian – Stefanie Zoellner
Editorial & Publications – Kathy Sessinghaus
Facilities Chair - Suzanne Villedrouin
Industry Chair - Denny Sheldon
Industry Co-Chair – Emily Miramontes
Legislative Chair - Gail Gousha, MBA, SNS
Legislative Co-Chair - Maureen Conklin, SNS
Membership Chair - Marc Milton
Nominating Chair - Emmalyn Coles, MBA
Nominating Committee
Celeste Calubaquib, SNS
Mina Choi
Lily Ivanov
Heidi McDonald


Nutrition Advisor - Lauren Tang, SNS
Professional Development – Christie Ford
Public Information – Michelle Curry
Registration Chair - Suzy Sayre
Registration Co Chair - Krista Dixon, RD, SNS
Ways and Means - Liz Brown-Smith
Marketing Chair – Parisa Mohammad
Photohistorian Chair - Tony Roberts

**Southern California School Nutrition Association
Chapter # 1 Meeting
September 21, 2018
Double Tree by Hilton Ontario Airport
222 N. Vineyard Avenue, Ontario, CA 91764
MINUTES**

Agenda	Comments	Action
Meeting called to order at 9:30 a.m.		
<u>Min.1/SCSNA#1/SEPTEMBER/18</u> Welcome, Opening Remarks & Flag Salute Linda Scaletta SCSNA # 1 President- Elect	Introduced Hector Macias, Assistant Superintendent, Ontario-Montclair Unified School District	
<u>Min.2/SCSNA#1/SEPTEMBER/18</u> Welcome Hector Macias Assistant Superintendent Ontario-Montclair Unified School District	“Fat Belly Happy Heart” We serve great healthy food choices thanks to dedicated work & it is evident in student meals Stay focused and present to our task. We build the next generation. Our daily contribution feeds our students future. 6.2 million students are positively impacted by what we do. “Together we improve wellness for all students” Have an attitude of YES we can!	
<u>Min.3/SCSNA#1/SEPTEMBER/18</u> Inspiration Sara Maragni R.D. Director Ontario-Montclair Unified School District	Article by Sally Spero, SNS, called Sally’s Corner “Choose Joy” Important to make students feel great, as well as, your coworkers and colleagues. Slide presentation and Fun Exercise, whole audience involvement. Make someone feel like they are winning an academy award today! It is important to make everyone feel good!	
<u>Min.4/SCSNA#1/SEPTEMBER/18</u> Presentation of Check to Humane Society of US Vivien Watts Past President	Presented check to Lauren Pitts R.D. of the Humane Society in the amount of \$758 Announced Justin Smith of Utility Refrigeration offered \$350 to the Human Society of US	
<u>Min.5/SCSNA#1/SEPTEMBER/18</u> Presentation by Department of Public Social Services DeLlora Ellis-Grant Dept. of PSS	Presentation of “Comprehensive Food Nutrition Access Plan for K12 students” by DeLlora Ellis-Grant, Dept. of Public Social Services Call out for districts to participate re: AB402 and share information from Cal Fresh and Medicare data match.	

Agenda	Comments	Action
Min. 6/SCSNA#1/SEPTEMBER/18 Business Meeting Susan Delgado SCSNA # 1 President	Retiree Acknowledgement: Michelle Reitzen-Bass Roger Linkletter Charity chosen for SY 2018-2019 "Family Promise" – help homeless families Susan attended a special dinner with Congresswoman Judy Chu.	
Linda Scaletta SCSNA # 1 President- Elect	Introduction of guests and new members.	
Cristina Obregon Recording Secretary	Presented minutes of the May 18, 2018 Chapter 1 meeting held at The Reef in the Water, Long Beach	It was moved by Roger Linkletter and seconded by Maria Billings to approve the minutes of the May 18, 2018 chapter meeting minutes as presented. No discussion. Motion unanimously carried.
Trieste Chiquete Treasurer	Presented Treasurer's report as of June 30, 2018 and SY 2018-2019 Budget.	It was moved by Kristen Hillman and seconded by Dr. Robert Lewis. Budget approved for SY 2018-2019 No discussion. Motion unanimously carried.
Christie Ford Professional Development	Begin planning Summer Workshop 2019. Call out to encourage committee members; contact Christie Ford if interested in participating.	
Marc. Milton Membership Chair	Encouraged new members; application flyer in the newsletter To begin work on Annual member's booklet.	
Tony Roberts Photo Historian Chair	Taking pictures and Photos will be available on website. Announced he is organizing one last trip to Croatia and Greece.	
Denny Sheldon Industry Chair Emily Miramontes Industry Co- Chair	Fundraiser: A night of comedy at the Improv in Ontario. Comedian Craig Shoemaker will perform. Committee members will be collecting registration information during and after meeting. Need a head count for the dinner buffet Time is 5:30 pm – 9:30 pm Register on line website ASAP	

Agenda	Comments	Action
Maureen Conklin Legislation Co-Chair	Opportunities for sponsorship to LAC; application in newsletter Announcement of Delegates by November meeting	
Lauren Teng Nutrition Advisor	NAC Conference – reminder about Registration Sign Ups Added 2 more members to the committee: Janette Duran, Sunrise Produce Emily Miramontes, General Mills	
Liz Brown-Smith Ways and Means	Opportunity Drawings available. Half of Proceeds to be given to charity “Family Promise” Family Promise provides aide and assistance to Homeless families	
Emmalyn Coles Nominating Chair	“We Want You” flyers on tables for those interested in being a part of the SCSNA Exective Board for 2019-2010	
Parisa Mohammad Marketing Chair	Website www.eatsmart2bsmart.org Upcoming Photo Contest	
Min. 7/SCSNA#1/SEPTEMBER/18 Introduction of Speaker Linda Scaletta SCSNA # 1 President- Elect	STATE UPDATE: Kim Frinzell R.D. Director of CDE/NSD USDA Guidance and CA developments Common theme in Audits & Reviews from SY 2017-18: Financial Viability <ul style="list-style-type: none"> - More coming from State/Federal - New annual mandatory training updates Tracey Smith SNP Unit Manager Implement Universal Meal Service (SB138) <ul style="list-style-type: none"> - SFA’s must apply for CEP or Provision 2 by June 30, 2018 if ISP is 62.5 or higher, based on Direct Certification - CEP vs P2 Basics Navigate Unpaid Meal Charges (SB250) <ul style="list-style-type: none"> - SFA’s must have a Meal Charge Policy in place by July 1, 2017 - Must be communicated to all Families prior to school year begin - Have 90 days to collect debt, then becomes bad debt - Recommend monthly DC list from Cal Pads 	

Agenda	Comments	Action
	Bryan Konvalin CDE Analyst Fund Transfers and Budget Agreements <ul style="list-style-type: none"> - Separate Costs – must separate and track revenues and expenditures - Net Cash Resources – not to exceed 3 months average expenditures; use NCR calculator in CNIPS - Transfer Funds – between Federal Programs; regulations and requirements - Q & A 	
Min. 8/SCSNA#/SEPTEMBER/18 Closing Announcements Linda Scaletta President - elect	Thanked all for attending.	
Meeting adjourned at 12:30 p.m.		
Recording Secretary Signature:  Date: <i>November 16, 2018</i>		

SOUTHERN CALIFORNIA SCHOOL FOOD SERVICE ASSOCIATION

TREASURER'S REPORT as of October 31, 2018

<u>INCOME</u>	<u>BUDGET</u> <u>2018-2019</u>	<u>YEAR</u> <u>TO DATE</u>	<u>BALANCE</u>
LOCAL DUES	\$ 10,000.00	\$ 1,610.00	\$ 8,390.00
DIRECTORIES	\$ 120.00	\$ -	\$ 120.00
LUNCHEONS	\$ 70,000.00	\$ 38,040.00	\$ 31,960.00
WAYS AND MEANS	\$ 1,000.00	\$ 205.00	\$ 795.00
INTEREST GEN. FUND	\$ 10.00	\$ 1.15	\$ 8.85
INTEREST PROG FUND	\$ 10.00	\$ 1.14	\$ 8.86
FUNDRAISER	\$ 68,500.00	\$ 41,320.24	\$ 27,179.76
PROFESSIONAL DEV	\$ 6,000.00	\$ 4,087.00	\$ 1,913.00
MARKETING	\$ 2,000.00	\$ 3,150.00	\$ (1,150.00)
TOTAL	<u>\$ 157,640.00</u>	<u>\$ 88,414.53</u>	<u>\$ 69,225.47</u>

<u>EXPENSES</u>			
PROGRAM	\$ 19,000.00	\$ 6,182.70	\$ 12,817.30
LUNCHEON	\$ 63,000.00	\$ 25,972.34	\$ 37,027.66
MEETINGS (board, transition)	\$ 3,500.00	\$ 316.00	\$ 3,184.00
INSTALLATION	\$ 550.00	\$ -	\$ 550.00
NEWSLETTER	\$ 1,800.00	\$ 692.04	\$ 1,107.96
PRESIDENT	\$ 1,500.00	\$ -	\$ 1,500.00
PRESIDENT-ELECT	\$ 1,000.00	\$ -	\$ 1,000.00
MEMBERSHIP (directories inc)	\$ 500.00	\$ -	\$ 500.00
POSTAGE & MAILINGS	\$ 50.00	\$ -	\$ 50.00
WAYS AND MEANS	\$ 1,000.00	\$ 800.62	\$ 199.38
FUNDRAISER	\$ 26,500.00	\$ 17,133.49	\$ 9,366.51
PROFESSIONAL DEV	\$ 6,000.00	\$ 1,876.20	\$ 4,123.80
MARKETING	\$ 14,500.00	\$ 910.89	\$ 13,589.11
PROGRAM SUPPORT (lac)	\$ 40,250.00	\$ -	\$ 40,250.00
SCHOLARSHIP	\$ 200.00	\$ -	\$ 200.00
OTHER	\$ 1,000.00	\$ 240.00	\$ 760.00
TOTAL	<u>\$ 180,350.00</u>	<u>\$ 54,124.28</u>	<u>\$ 126,225.72</u>

OPERATIONAL
SURPLUS (DEFICIT):

\$ 34,290.25

CASH ON HAND :

Bank of America

General Fund Account	#07239				
General Fund Clearing Acct	#1397		\$	60,443.25	
Program Support Account	#07240		\$	62,341.26	
			\$	20,000.00	

Prepared By:
Trieste Huey, Treasurer

Approved:



*Please congratulate the following SCSNA Members
recognized by CSNA
for their outstanding contributions to Child Nutrition:*

Dr. Robert Lewis
Director of the Year Award

Jim Melikian
Don Flahiff Industry Appreciation Award

Suzanne Morales
Moscone Commitment to Child Nutrition Award

*In addition, SCSNA was recognized for meeting the
2017-18 Child Nutrition Plan of Action Goals*



CERTIFICATE of APPRECIATION

THIS ACKNOWLEDGES THAT

Chapter 1

IS BEING RECOGNIZED FOR THEIR PHENOMENAL PARTICIPATION WITH

Their goals and accomplishments

Given this on the 11th of November, 2018



A handwritten signature in black ink, appearing to read "Kim Ekholm", written over a horizontal line.

PRESENTED BY: Kim Ekholm, President

SCSNA REGISTRATION RULES

1. RSVP for every meeting...even if you are PREPAID for the year. We prefer not to guess your meal selection.
2. RSVP by completing the registration form. You can e-mail the form to Suzy at suzy.sayre@emuhsd.org. The form is available on the CSNA web site at calsna.org and on EatSmart2BeSmart website at eatsmart2besmart.org
3. **RSVP is a commitment to pay! If you cancel after the RSVP deadline or don't show up for the meeting, you will still need to pay.**
4. Don't RSVP to the blast e-mail. The blast e-mails are sent from our Corresponding Secretary. My information is on the bottom of the registration form.
5. Use your best handwriting when completing the form. We would like to spell your name correctly on the name badge!
6. After you RSVP...attend the meeting. Get good information, network with other people and eat good food! What better way to spend a day!

Thank you!

Suzy Sayre and Krista Dixon



CSNA Membership Application



SIGN UP HERE OR GO TO WEBSITE: www.calsna.org

NAME: _____
 JOB TITLE: _____
 DISTRICT: _____
 SCHOOL: _____
 HOME ADDRESS: _____
 CITY, STATE, ZIP: _____
 HOME PHONE: (____) _____
 WORK ADDRESS: _____
 CITY, STATE, ZIP: _____
 WORK PHONE: (____) _____
 E-MAIL ADDRESS: _____
 CHAPTER: _____ # _____

All mailings will go to your home address unless you indicate otherwise below:

Send all mailings to my work address.

Your information will be printed in the membership directory unless indicated below:

Exclude my home address

Exclude my email address

Exclude all information from the directory

Person who introduced you to CSNA: _____

Subscription Categories: (Please check one)	Includes SNA, CSNA, Local Chapter Dues
--	---

Foodservice Employee \$44

Food Service Manager \$49

Student/Retired \$44

Director/Supervisor/Educator/Other \$167

Make check payable to CSNA or pay by Credit Card:

Name on Card _____

Card # _____

Expiration _____ Billing Zip Code _____

Billing Street Number _____

V Code _____ V Code is the 3 digit code on the back of visa and MC and the 4 digit code on the front of AMEX.

Signature _____

Mail completed application and payment to:
California School Nutrition Association

PO Box 11376
Burbank, CA 91510

YOU CAN JOIN THE



CALIFORNIA SCHOOL NUTRITION ASSOCIATION

PO Box 11376
Burbank, CA 91510
(818) 842-3040
www.calsna.org

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and there is more...

Continuing Education

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- CSNA Conferences
- Chapter Meetings



Publications

- Magazines
- Websites



National Membership

- School Nutrition Association (SNA)
- SNA Conferences



BECOME A MEMBER TODAY...

#EatSmart2BeSmart CONTEST WINNERS

by Parisa Mohammad, MDA, RD



www.EatSmart2BeSmart.org

THANK YOU TO ALL WHO PARTICIPATED IN THE #EATSMART2BESMART

Campaign! We had over 90 posts from schools all over California. We loved seeing all the delicious, healthy, fresh school lunches being served to students throughout the month of October.

Thompson Middle School of Murrieta Valley Unified was the grand prize winner with a whopping 2,417 likes on Instagram. Thompson will receive a Vulcan Insulated Humidified Cabinet for their lunchroom and a \$50 gift card! The Runner-up was Vista Murrieta High School also from Murrieta Valley Unified with 2,217 likes. Third place went to Danielle Brunacki, a parent at Hawthorne School District. Bobby Griffin, Cafeteria Manager for Bakersfield City School District took fourth, while Erin Primer, Foodservice Director at San Luis Coastal placed fifth.

As the Marketing Chair for Southern California School Nutrition Association, I was ecstatic to see how many schools, students, parents and teachers all participated, and even more shocked when the likes started getting into the thousands. I had the opportunity to interview Christy Call, Nutrition Services Lead at Thompson Middle School about how she was able to bring the whole school and community together to vote for her winning picture.



Thompson Middle School Nutrition Services Team led by Christy Call

Hi, Christy! What made you decide to invest your time and your schools time in this contest?

"Great Question. First of all, I wanted to show the school spirit that our students and staff have. Two, I wanted to share the warmer that we would win with the school staff, so they could use it for events like dances, parties, and caterings. Once the students found out they could have hot food at their dances they were ecstatic!"

How did you get teachers involved?

"Through E-mails and because a lot of them know me since I have been here for over 13 years. I really counted on teacher involvement, because we are a smaller school compared to Vista Murrieta High School, and middle school students have less access to Instagram. I knew we would need more adult participation, and this was an opportunity to introduce...

myself to teachers I didn't know. I got ASB involved knowing they would be the most interested being able to use the Warmer. I used the ASB students in the picture which motivated them to share and to help with hanging poster for the contest. I kept the school updated on where we stood in the contest to keep them interested. I had students asking how we were doing and if we were still winning every day."

How did you get buy-in from parents?

I am on the TMS Facebook parent page (being I am a parent myself both my kids went here) So I got the PTSA Involved. My team and I shared with all our Family and Friends. The school advertised the contest on the announcements and they posted messages on our digital board in front of the school encouraging parents to vote.

"I WANTED TO SHOW
THE SCHOOL SPIRIT
THAT OUR STUDENTS
AND STAFF HAVE...
I HAD STUDENTS
ASKING IF WE WERE
WINNING EVERYDAY."

*-Christy Call, Nutrition Services Lead
Murrieta Valley Unified*

Thank you to our sponsors:



5 t h A n n u a l



Your
classroom
can win
\$1000 to
split with
your
favorite
School Lunch
Lady/Man!

Video Contest

**Create a 1-2 minute Smartphone
Video telling us why you love
your School Lunch Hero**

- VISIT EATSMART2BESMART.ORG -> CLICK ON CAMPAIGNS -> SCHOOL LUNCH HERO CONTEST
- STUDENTS, PARENTS & SCHOOL STAFF CAN ALL WORK TOGETHER TO CREATE THE 1-2 MINUTE VIDEO
- DEADLINE FOR ENTRY IS APRIL 19TH, 2019 (WINNERS ANNOUNCED MAY 3RD)





**THE HUMANE SOCIETY
OF THE UNITED STATES**

1255 23rd Street, NW
Suite 450
Washington, DC 20037

P 202-452-1100
F 202-778-6132

humanesociety.org

November 6, 2018

Southern California School Nutrition Association
880 S. Lemon Ave
Walnut, CA 91789

Dear Friend of The HSUS,

Your gift of \$758 on 10/30/2018 will be applied to DTCA Meat Reduction as requested.

Your support allows us to keep fighting the root causes of cruelty to animals. Our victories in courtrooms and boardrooms make the world a kinder place for animals on farms, in laboratories, in the wild, and in our shelters and homes.

In recent weeks, we have reached some truly historic milestones in our ongoing efforts to end animal suffering, and three of the biggest happened in California:

- California Gov. Jerry Brown signed a bill making that state the first in the nation to ban the sale of cosmetics tested on animals. When it goes into effect on January 1, 2020, SB 1249 will end the sale of cosmetics and many personal products that contain ingredients that have been newly tested on animals. This is a huge victory for lab animals!
- Los Angeles joined Berkeley and San Francisco in voting to ban all sales of fur in the city limits. More fantastic news came when global fashion powerhouses Burberry and Diane von Furstenberg announced they will stop using fur in all their products.
- *The Los Angeles Times* endorsed the Prevent Cruelty California initiative, also known as Proposition 12, which will let Californians vote this fall to end the cruel confinement of sows, egg-laying hens and veal calves, and to ban the statewide sale of products from out-of-state suppliers who continue to use such measures.

Finally, as I write this, nearly 200 dogs in South Korea are already making their way to our shelter partners in Canada, the US, UK, and the Netherlands, following the closure of our 13th dog meat farm in that country. We're fighting on several fronts to end the brutal dog meat industry in Asia, and nothing compares to the joy of seeing dogs once destined for slaughter headed for freedom and loving homes.

Thank you for your support and for being a friend to the animals!

Warmly,

Kitty Block
Acting President and CEO, HSUS

SCRATCH COOKING IN SCHOOLS

By Gail Gousha, Director, Nutrition Services, EUSD

Did you know kids love tuna? Especially Sriracha Tuna on a Tostada topped with shredded lettuce, fresh Pico de Gallo, shredded cheese, avocado slices and sour cream sauce. We are making 300 to more than 400 at each of our twenty-three sites. That is only one of many scratch cooking items we are successfully implementing at the Escondido Union School District (EUSD). Please see the recipe below developed by Anna Mazarro, Production Manager for EUSD. In addition to our Sriracha Tuna, EUSD makes a taco beef dip served on top of tortilla chips. The operative word here is "served". We are so successfully serving our scratch (kettle) items to the kiddos while they are in line. Our energetic staff pre-plate what they can. In the case of the beef taco dip they pre-plate the chips, place them on a baker's rack in advance of the time of service and then top off the chips with the hot beef taco dip right before the kid's eyes! Kids love this and many times refer to this as "real food". We make a meat sauce for spaghetti and serve the spaghetti and meat sauce while the kids wait. To mirror this meat-based sauce we make a plant-based sauce with tofu. Our goal at EUSD is to offer a plant-based hot entrée choice that mirrors the meat-based entrée. Vegetarian or plant-based foods are a growing trend even for individuals not choosing only a plant-based diet. We also make mini carnitas tacos that the kids LOVE! While serving the carnitas tacos at one of our sites they ran out of tortillas. With more carnitas meat still available, the manager, Irma Castellanos, said lets serve the carnitas on top of chips with shredded cheese. The kids went crazy for this new on the spot menu item now called Carnitas Nachos. We make fresh salads and sandwiches daily for the five middle schools. All of our 17 elementary sites have fresh salad bars at breakfast, lunch and supper daily. All of this is done in a corner of our Mission Middle School kitchen. You have to see it to believe it! I applaud my staff for all they prepare within such a limited space.

SRIRACHA TUNA - BATCH	SRIRACHA TUNA TOSTADA
1 - 43 oz pouch of tuna	1 Tostada Shell
1.5 C lite mayonnaise	1 oz Shredded Lettuce
.5 teaspoon salt	2 oz Pico de Gallo
8 teaspoons Sriracha Sauce	.5 oz Shredded Cheddar Cheeset
(All ingredients can be adjusted to preferred taste profile)	Slice of Avocado
	Sour Cream Sauce

Shout Out!

Please join us for our next meeting
January 18, 2019
Bosses Lunch with Greg Bell
Pacific Palms Resort
1 Industry Hills Parkway, City of Industry 91744



Please contact Kathy Sessinghaus if you would like something shared in our next Chapter Newsletter. Kathysessinghaus@burbankusd.org