

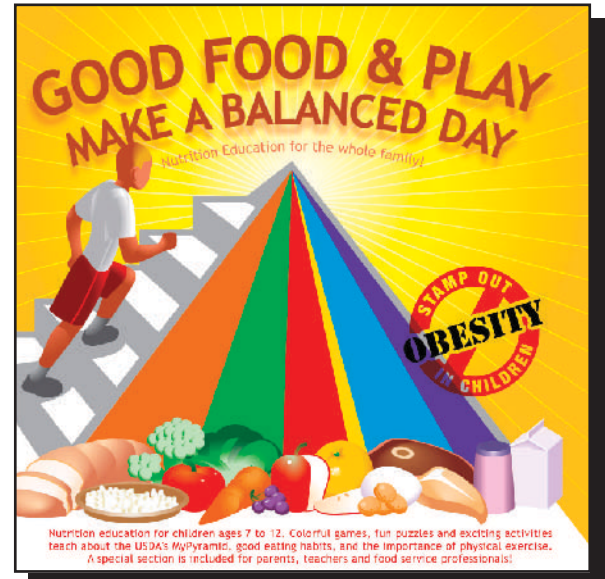
Good Food and Play Make a Balanced Day!



Good Food and Play Make a Balanced Day is a nutrition-themed interactive CD with exciting games and activities for children ages 8 to 12. This learning tool promotes healthy lifestyles in children by encouraging them to make school nutrition programs such as school lunch, school breakfast and after school snacks key components to a balanced lifestyle. It is the ideal solution to the "Nutrition Education" requirement of the new "Wellness Policy".

Using the USDA's MyPyramid as its foundation, *Good Food and Play* introduces the concept of good nutrition based on MyPyramid. Interactive games, puzzles and quizzes reinforce nutritional concepts. Special emphasis is placed on understanding the food groups and the amount of servings needed from each food group, each day. Once MyPyramid is learned, the child then applies that knowledge to Breakfast, Lunch, Snacks and Play areas on the CD in compelling activities that keep them interested.

With fascinating games, fun music, and surprising visuals, good nutrition is presented in a fresh, new way that is sure to appeal to every child that uses this CD!



Good Food and Play Make a Balanced Day—Junior is an exciting learning tool full of games and activities for children ages 3 through 7. Using the USDA's MyPyramid as its teaching foundation, *Junior* teaches pre-schoolers through second graders about the food groups that make up MyPyramid. It introduces good eating concepts and makes it fun for children to learn through games, puzzles and all kinds of activities. For non-readers it is the ideal solution to the "Nutrition Education" requirement of the new "Wellness Policy".

Colorful graphics, friendly narrations and constant screen movement help to keep the child interested while learning. Special emphasis is placed on understanding the amount of servings needed from each food group, each day. *Good Food and Play Make a Balanced Day—Junior* is a learning tool that promotes healthy lifestyles and encourages nutritious eating and daily physical activity. The learning activities should take the average child approximately 30 minutes to complete.



Gets Parents Involved!

These CDs are not only for children. A guided tour for parents and teachers is also included. This special section reviews what the children are learning about MyPyramid, its food groups and serving sizes, and teaches why eating good healthy foods and getting daily physical exercise are important to children's health.

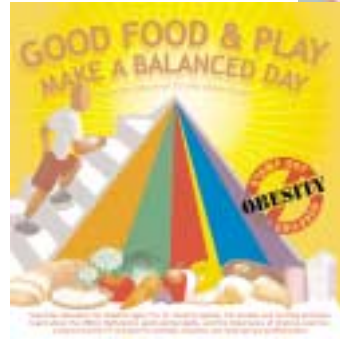
This section helps parents understand why our children's eating habits need to change. More importantly, it offers practical advice on how to change those eating habits. More informative than interactive, the adult guided tour helps parents create a atmosphere in their home that promotes good eating and physical exercise every day.

“Good Food and Play Make a Balanced Day”

ORDER FORM

Nutrition education for children ages 3 to 12. Colorful games, and exciting interactive activities teach about the USDA’s MyPyramid and good eating habits.

A special section is included for parents, teachers and food service professionals! Want to learn more about nutrition for children? “Good Food and Play Make a Balanced Day” is a great place to start!



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I want to order for my whole school (only \$2 per CD—requires orders of 200 or more.)

Indicate quantity for each CD for your school: GFP _____ Junior _____ SP—GFP _____ SP—Junior _____

Payment Information—Please place orders at the www.goodfoodandplay.com Web site

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↓ **IF YOU MAIL YOUR ORDER, PLEASE SEND IT TO THE ADDRESS BELOW** ↓

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