

Student Connect Groups

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“Educating Today’s Students to Succeed in Tomorrow’s World”



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Student Connect Groups



BETWEEN
STUDENTS AND STUDENT NUTRITION

What are the **purposes** of a Student Connect Group?



* Build a direct relationship with the student body and staff while educating them on Federal and State guidelines.



* Plan menu items based on student demands through taste testing and sampling of new recipes. Develop partnerships with the students where the students feel that their needs are being addressed by the school cafeteria.



* Gather collective views on how to better the overall operation of the cafeteria.



* Increase student awareness of healthy nutrition choices using food provided by the cafeteria



* Nurture a sense of
“School Pride” (Community)
between the students,
cafeteria workers and their
cafeteria.



Who to **connect** with?



* Student workers who work daily serving meals.



* High Schools can target their Life Management Classes or their Consumer Family Science Classes.



* Parent Orientations and Open House Events.



* Student Body Officers.
These students have a direct
feed line with the entire
school.



* After school cooking classes with the students.



Yuba City High Student Workers



River Valley High Student Workers



Connection at a K-8 Site



Yuba City High Student Workers



River Valley High Student Connect



Connection at a K-8 Site

**SHOWING THE
LITTLE ONES
HOW
EVERYTHING
WORKS**



Consumer Family Science Class



Where and When to Meet?



- Meet daily with your student workers in the cafeteria.



- Meet in the classroom of your Life Management or your Consumer Family Science Class.



- Meet with your Student Connect Group in your Cafeteria/Multi Purpose Room or classroom.



- Most groups meet once a month while most classes meet with their Connection Group Leader once a quarter.



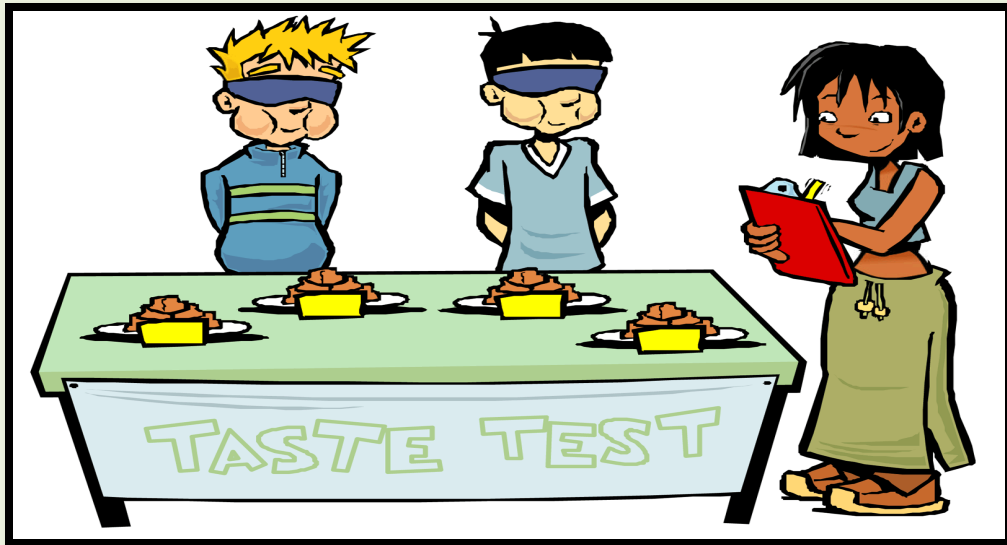
Introduction to Student Nutrition



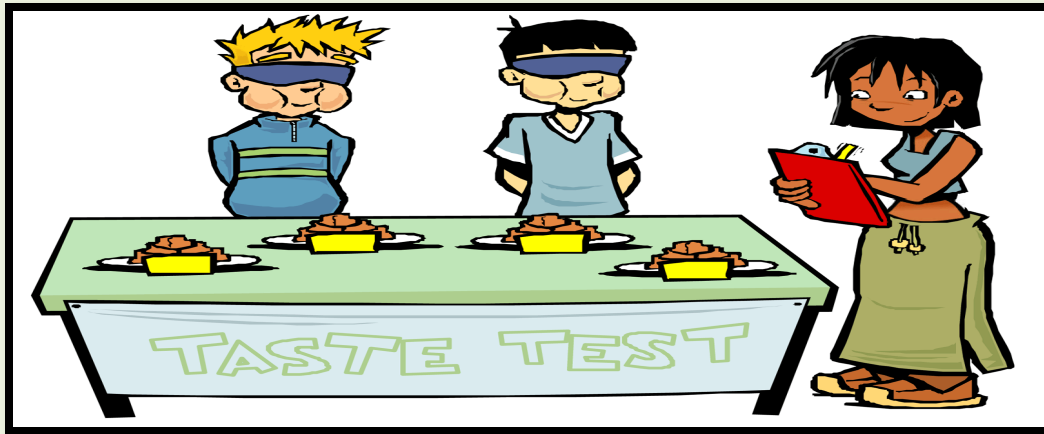
Touring the Kitchen



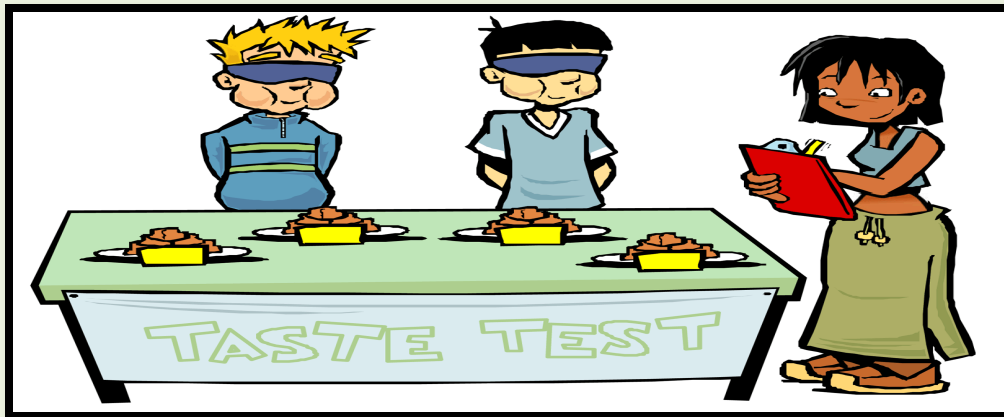
What to do with the Group?



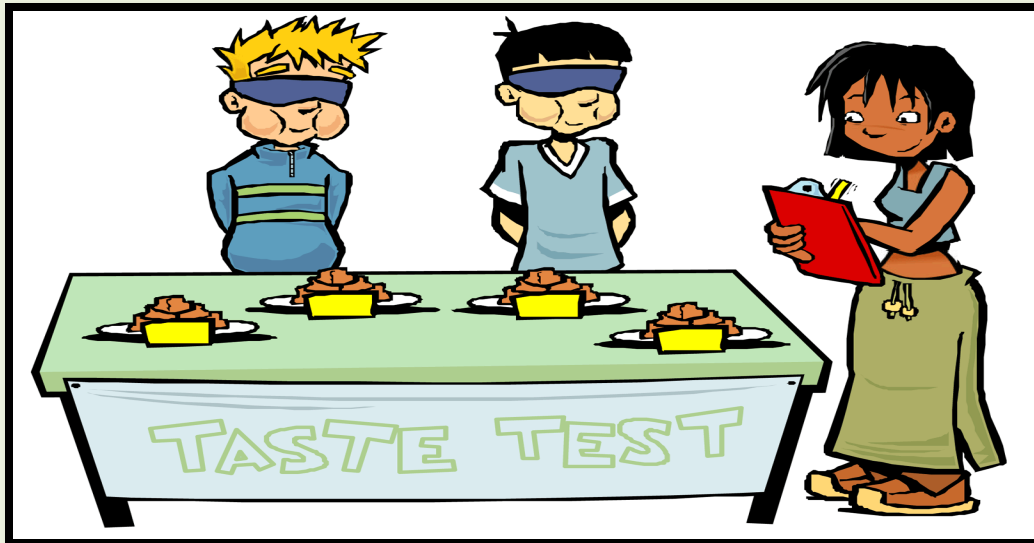
- Meet with your select group of students.



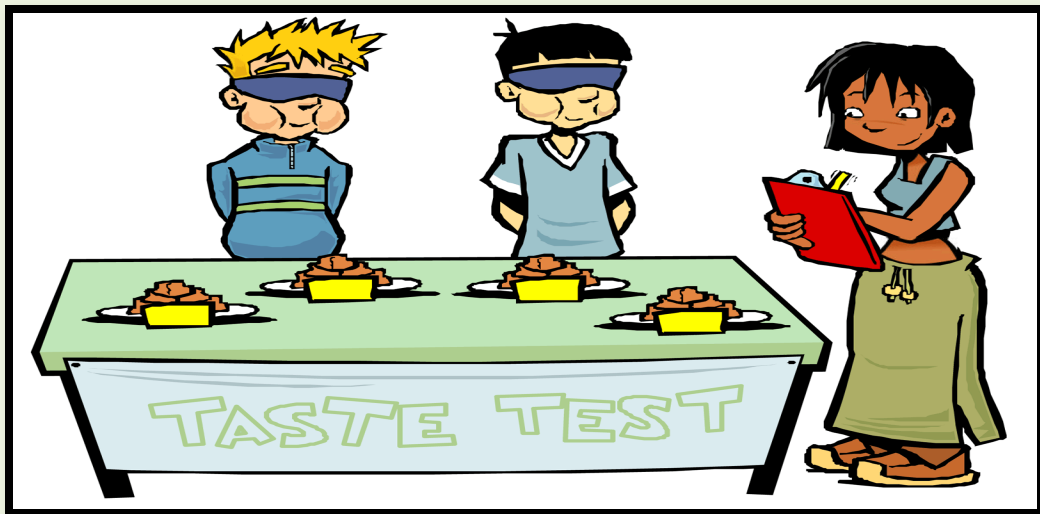
- Be realistic. Educate students on the “why and why not’s” of proper nutrition and Serve-Safe practices.



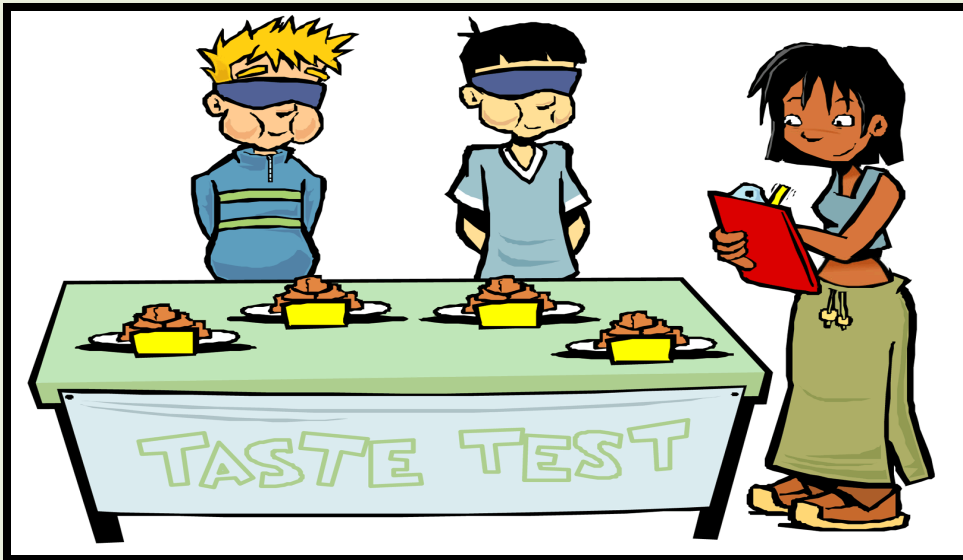
- Listen to their ideas and input.



- Make them feel important, include them in the decision making process.



- These students are the eyes and ears of the school.



Include the Group in Big Events



Grand Opening of New

J. Lee Roy's

Smokehouse BBQ



★ **WANTED** ★

**DELICIOUS AND UNIQUE SAUCES FOR
DIPPIN', GRILLIN', COOKIN' PERFECTION**

Get the school staff involved



Educate Students on Healthy Choices



Choose **MyPlate.gov**
Don't Forget!!
Take at least **1** fruit or vegetable
and at least **3** of the **5** food groups
so that your meal counts as a complete
lunch.

Pepperoni Pizza
Cheese Pizza
Specialty Pizza

With
Fresh Fruit, Veggie Salad, Milk and Water
French Fries or Chips

Smoked
Beef Brisket

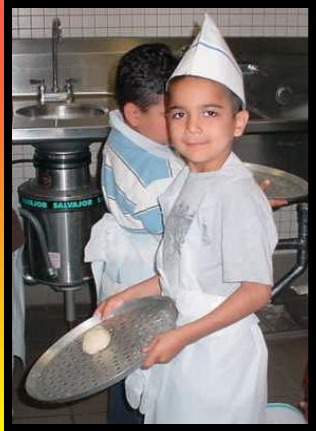
With
Fresh Fruit, Veggie Salad, Milk and Water

Educate in a fun way



NEVER TOO LITTLE TO LEARN...

Teaching the Kindergarteners how to make Pizza



TASTING THE FINISHED PRODUCT!



Taste Testing With Students

- While working with Vendors set up dates for Students to taste and give opinions of new foods.



Bonne Bell and Matt Upton from Bell Tasty Foods

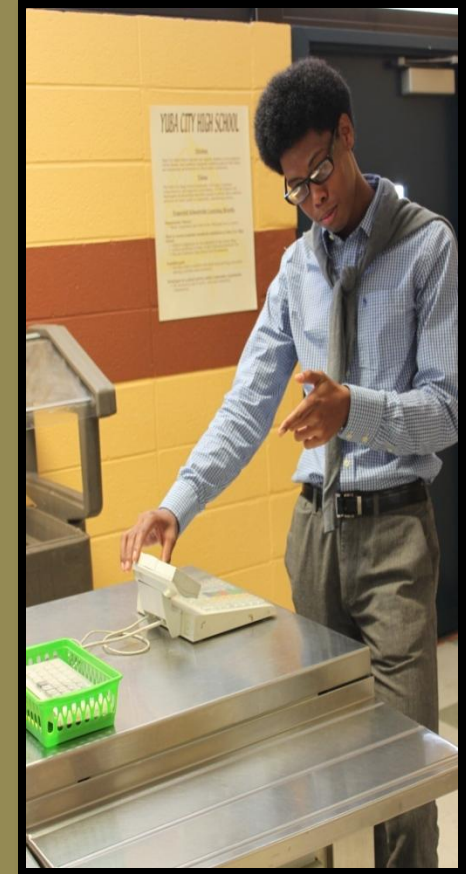
Student opinions count



Student opinions count



Student Workers on the Job



Ready to serve you!



Service with a smile!



Thank You!!!!

Please feel free to contact us for more info on how to start your own Student Connection Group!



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