CSNA is excited to announce the 2013 Photo and Video Contest! We are looking for Districts to showcase the innovative programs taking place in their cafeterias, classrooms, and playgrounds. We are asking that you submit a photo or video that illustrates how your program is meeting the nutritional needs of students.

**VIDEO CONTEST:**
Video submissions must address at least 3 of the following areas:
- Trained Professionals
- Nutritious Meal Choices
- Academic Success and Nutrition
- Nutrition Education
- Farm-to-School / Agriculture Programs
- Food Safety

**PHOTO CONTEST:**
Photo submissions must relate to the theme.
“Gear up for Change”
- Entries must be a 5” x 7” color photo
- 3 Entries per person
- 3 Entries = 3 Entry forms

1st Place $1000!

**CONTEST RULES:**
1. Contest open to all CSNA members (excluding sustaining members).
2. 1 video entry and/or 3 photo entries per person will be accepted.
3. Each entry must include a completed Official Entry Form and Liability Release for each student in the video.
4. Entries may be incorporated into a marketing toolkit.
5. Video entries must be between 2 - 5 minutes in length.
6. Entries will NOT be returned.
7. Up to three winners will be selected for the Photo & Video Contest.
8. Deadline for entries to be received is October 10, 2013.

SEND ENTRIES TO:
Herbie Smith
CSNA Photo & Video Contest
255 Pico Ave, Suite 250
San Marcos, CA 92069

** 2013 Photo & Video Contest Official Entry Form **

Please Print

Name: ____________________________________________
Address: _________________________________________
City: ____________________________________________ State: _______ Zip: _______
Home Phone: __________________________ Email: __________________________
School District: __________________________
School: __________________________
Address: ______________________________________
City: __________________________________________ State: _______ Zip: _______
School Phone: __________________________
Chapter Number: __________________________

Please write two or three sentences describing your entry:
__________________________________________________________
__________________________________________________________
__________________________________________________________

**TIPS:**
1. Use natural light and keep the light source behind you.
2. Crop the best part of your photo.
3. Use a tripod and microphone whenever possible.
4. Always shoot with a focal point.
5. Be creative and have fun!