

“Moving on UP!!!”

LaShawn Bray

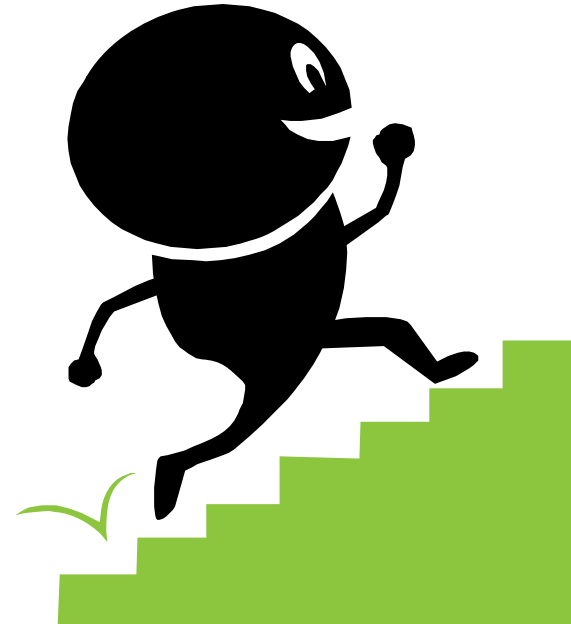
“Moving on Up” CSNA = Career Opportunities ☺

Operations Manager Upland Unified & Membership Chair



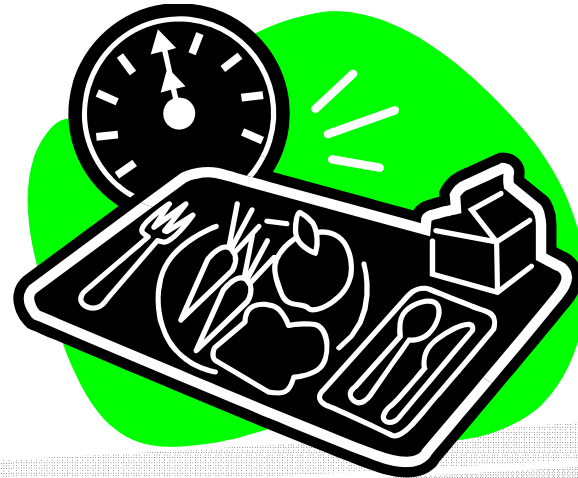
Moving on Up !!! Tips on Career Advancement

- You can do it too!
- Why & How ?
- Steps
- Hurdles & Solutions
- Communication/Networking
- Stepping Stones
- Resources

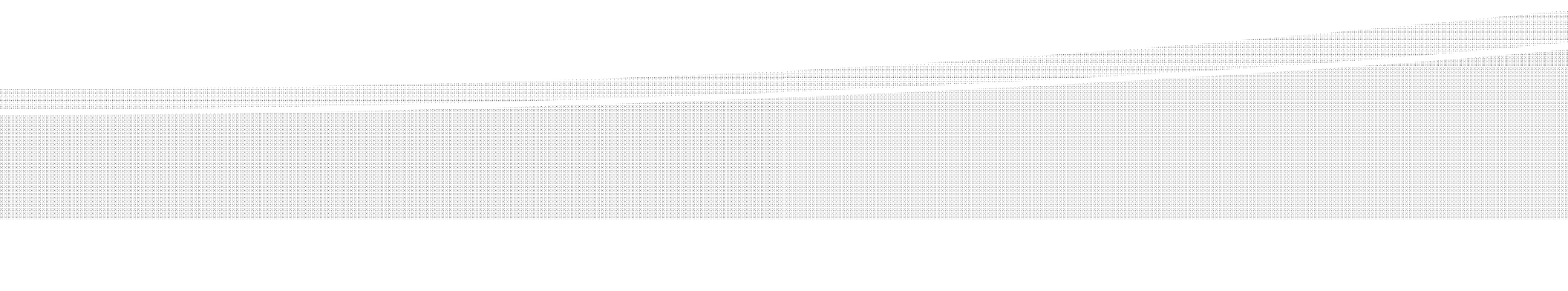


“Moving on Up !!!”

- Are you looking for advancement in the school food service industry ? Are you in the right session ?
- What are your goals?
- You can do it too! 😊



“Moving on Up !!!”

- **Why ?** For me personal reasons, \$\$\$, promotion, personal reward & ready to be paid the right salary for my knowledge & experience . Time to move up the ladder and someday reach my goal to become a food service director.
 - **How ?** Back to college & a lot of positive reinforcement from CSNA Board, members, friends & family.
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STEPS

- Evaluate your position, education & work experience.
- Look at job postings to see what fits or what you need to work on to achieve that next position.
- Update your resume'. Highlight your skills according to each job description.
- Education: meet with a college counselor and go over your transcripts, see what's needed to reach your 1st career step.
- Mentors: Family, friends, co-workers & employers encouragement goes along way.

HURDLES

- Samples
 - No Support
 - Getting classes to work around your schedule:
 - Night classes, hybrid & online classes
 - Lack of Experience
 - Create your own mini-internships: ex: More cooking experience, volunteer at rescue missions kitchens. More office experience needed, volunteer at D.O. or school office or church office.
 - Job Shadow at other districts.


Communication/Networking

- Communication is Key
 - Work on communication skills;
 - Public speaking classes
 - Volunteer for CSNA / get involved/ be on a chapter board.
 - Networking, letting others know your interests & goals.
 - Keep in touch, text, email, word of mouth.
 - People who knew my goals & skills kept me notified of job opportunities

“Moving on UP!!!”

- Update your Resume’
- Evaluate job opportunities & highlight your skills on your resume’ that match.
- Example: Management skills or Supervisory skills– did you manage a restaurant, a store or catering company ? Did you schedule, evaluate, supervise or manage people?
- Office skills – Email= typing skills, Microsoft Word, Excel, Power Point skills. Filing, budgeting, phone skills & customer service is very important.

Stepping Stones

- Stay motivated and willing to take chances.
 - Be a self starter. Promote yourself.
 - Get Involved:
 - CSNA & SNA Membership
 - Volunteer on Local & State chapter boards
 - Attend Conference, classes, general sessions
 - Network with vendors & directors
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Resources

- Cal Pro net (UC Davis) www.nufs.sjsu.edu/calpronet
 - CSNA www.calsna.org
 - SNA Webinars www.schoolnutrition.org
 - NFSMI – National Food Service Management Institute
www.nfsmi.org
 - Local Community Colleges
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