



# Local School Wellness Policy (LSWP) It Takes A Village!

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# Overview

- ▶ LSWP Requirements
- ▶ Stakeholder Engagement
  - Lizette Olivares, MS, RD, Ontario-Montclair Unified School District




A great opportunity



# LSWP Requirements!





# 2004 Child Nutrition and Women, Infants, and Children (WIC) Reauthorization Act

- ▶ Established LSWP
- ▶ Required for all local educational agencies participating in federal meal programs



**Ground Breaking Legislation!**

Designed to address childhood obesity and support student health

# LSWP 2004-06 Requirements



- ▶ Goals for student wellness
- ▶ Nutrition guidelines
- ▶ Plan for implementation and operational oversight
- ▶ Stakeholder engagement

# Healthy, Hunger-Free Kids Act of 2010 (HHFKA)

- ▶ Nutrition Promotion Goals
- ▶ Broader Stakeholder Engagement
- ▶ Public Notification and Education
- ▶ Implementation
- ▶ Compliance at School Site



*What's New? .....*  
Stronger Implementation

## Administrative Reviews (AR)

- **Every Three Years**
- **LSWPs are Reviewed**



**Documentation required!**



# Proposed Rule

Smarter  
Lunchrooms  
Movement



New focus on nutrition  
promotion, marketing and  
foods offered as well as  
sold

Broader Stakeholder  
Engagement



More implementation at  
the school level!





# Resources for You

California LSWP Collaborative



# California Local School Wellness Policy Collaborative

The California Local School Wellness Policy (LSWP) Collaborative brings together state leaders committed to improving student wellness and academic success. By leveraging their collective resources, the collaborative members are building a statewide infrastructure that supports schools in updating and implementing their Local School Wellness Policies.

## Vision:

We inspire school communities to take their wellness policies from paper to practice.

## Mission:

We are a catalyst for school communities and stakeholders to implement highly effective local school wellness policies in California schools to support student health and academic achievement.

## Collaborative Goals:

### Build broad support

for local school wellness policy implementation, among schools, after school programs, health departments, elected officials and community stakeholders; and

### Assist districts

in revising their policies to meet Child Nutrition Reauthorization Act/Healthy Hunger Free Kids Act of 2010 requirements and strengthening their skills and commitment to implement local priorities and monitor adopted local school wellness policies.

For more information about the California Local School Wellness (LSWP) Collaborative and to access resources, please visit our web page at:

[TeamCaliforniaForHealthyKids.org/School-Wellness](http://TeamCaliforniaForHealthyKids.org/School-Wellness)



## Partner Organizations

Alliance for a Healthier Generation

American Cancer Society - Cancer Action Network

Association of California School Administrators

California Action for Healthy Kids

California Association for Health, Physical Education, Recreation and Dance

California Department of Education – Nutrition Services, Team California for Healthy Kids

California Department of Public Health – Network for a Healthy California

CDE Foundation

California Fuel Up to Play 60

California Project LEAN

California School Boards Association

California School Nurses Organization

California School Nutrition Organization

California State Parent Teacher Association

California Teachers Association

Center for Collaborative Solutions

Dairy Council of California

Los Angeles Unified School District

Public Health Institute

UC CalFresh Nutrition Education Program



# The California LSWP Collaborative is Here to Help!

**LSWP Model Policies**

**Policy Evaluation Tools**

**Wellness Policy Directories**

**E-tools and Web-based Libraries**

**One-stop Shopping!**

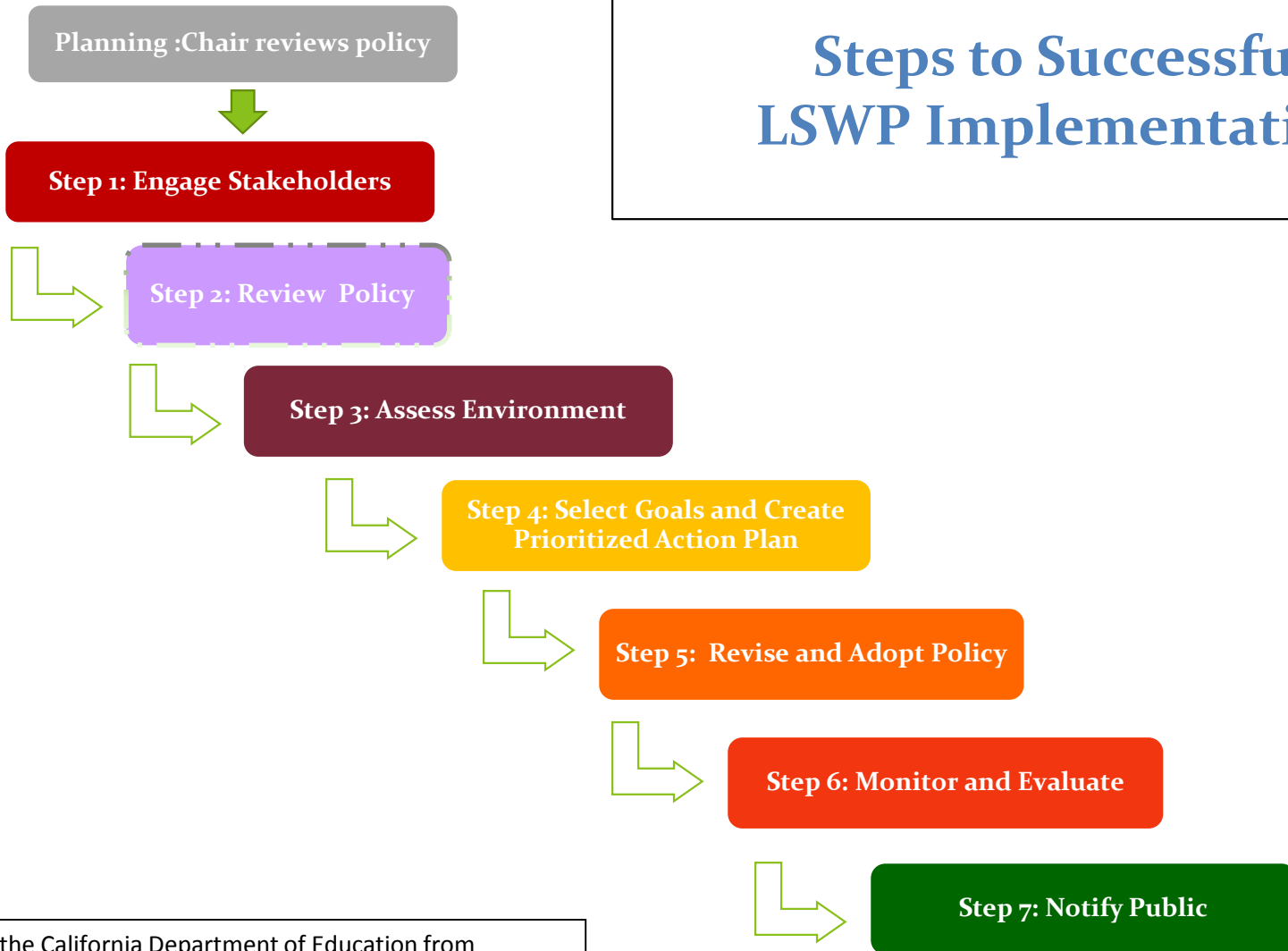
**<http://www.teamcaliforniaforhealthykids.org/school-wellness/local-school-wellness-policy-collaborative-2>**



# Steps to Success



# Steps to Successful LSWP Implementation



Adapted by the California Department of Education from  
**Montana School Wellness In Action-A Step by Step Guide to  
School Wellness Policy Implementation** located at  
<http://opi.mt.gov/pdf/schoolfood/WellnessImpGuide.pdf>



# Online Policy Assessment Tool



- WellSAT 2.0 now updated for the HHFKA
- <http://www.wellsat.org>
- WellSAT is also available (in draft form) to measure implementation
- <http://www.wellsat.org/faq.aspx#implementation>

# What is the Most Important Step to Success?



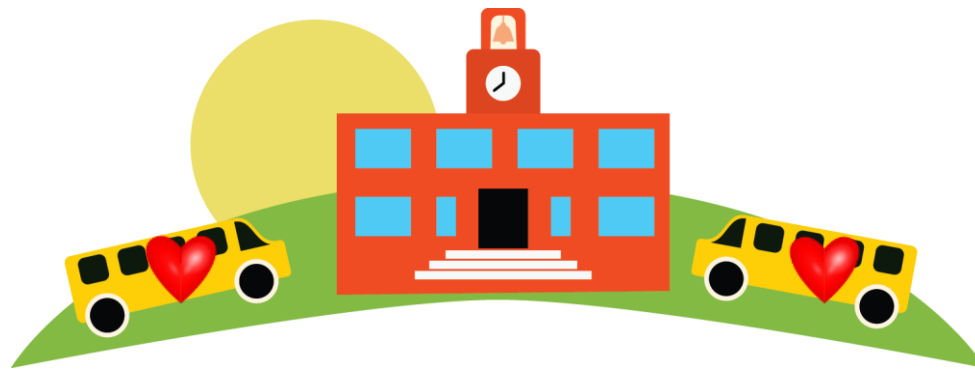
Stakeholder engagement!



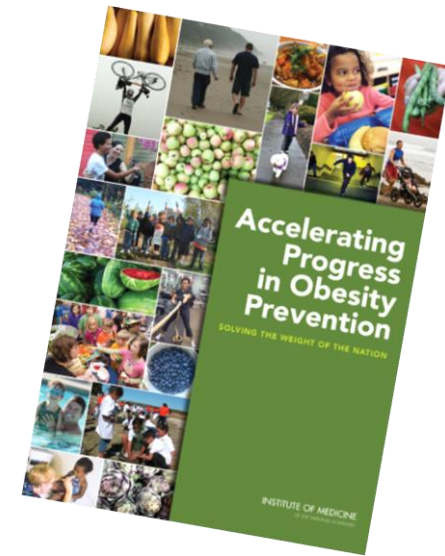
# Stakeholder Engagement

It Takes a Village





# Schools are the Heart of Health





## How Can I Get Others Involved?

- Identify their role
- Consider what is in it for them
- Acknowledge contributions regularly



# Thank You!



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*“The USDA and the CDE is an equal opportunity provider and employer”*

# Engaging Stakeholders in Revising Your Wellness Policy

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# Questions?

