

Registration Now Open!

Train-the-Trainer: Focus on Food

Nutrition and Health for School Nutrition Staff

Provided by the California Professional Nutrition Education and Training (Cal-Pro-NET) Center, University of California, Davis (UCD),
In Partnership with the Nutrition Services Division,
California Department of Education (CDE)



In this train-the-trainer course, you will learn how to use an exciting, new, hands-on nutrition curriculum designed for training frontline school nutrition staff. Topics include: nutrient needs; food sources of nutrients; physical activity; MyPlate; nutrients of concern; influences on food choices; Smarter Lunchrooms; and school wellness policies.

USDA Professional Standards information: This train-the-trainer course provides eight hours of continuing education under the Key Area of Nutrition (1300 General Nutrition).

Recommended participants: School nutrition directors; supervisors/trainers with some background in nutrition; or nutrition education specialists with an interest in training their staff using Focus on Food.

Registration

Registration for this workshop is limited, and will be filled on a first-come, first-served basis. Please register early as courses fill up quickly.

The registration fee for this train-the-trainer course is \$74.00. This fee includes lunch and light refreshments. To register for this class, please visit:

<http://conferences.ucdavis.edu/nutrition>

The registration fee may only be paid by American Express, Discover, MasterCard, or VISA credit cards. The UCD registration system does not accept cash, checks, or purchase orders.

Cancellations must be received one week in advance of the course to receive a refund, minus a \$5 processing fee.

Dates and Locations

All sessions take place from
8 a.m. to 5 p.m.

Redding: January 13, 2016

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Ontario: February 3, 2016

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San Diego: February 17, 2016

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Concord: March 16, 2016

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Fresno: March 23, 2016

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Ventura: May 11, 2016

For more information contact the UCD Cal-Pro-NET Center by phone at 530-752-3387 or e-mail at calpronet@ucdavis.edu.

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