Plays Well With Others

Tami West, PhD, SNS Friday, November 10th 9:15-10:15









The School Playground



Today, let's learn how to PLAY!

It's hard to play well with because



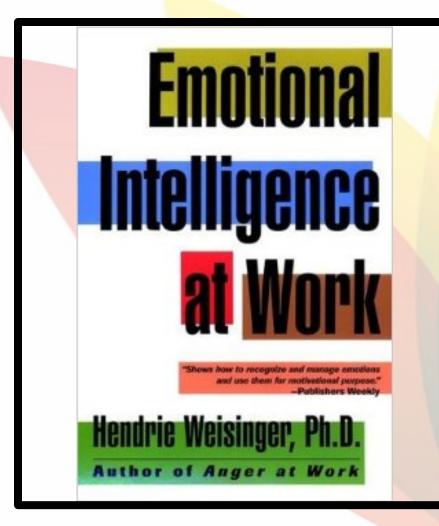
1. Pick your level of confidence



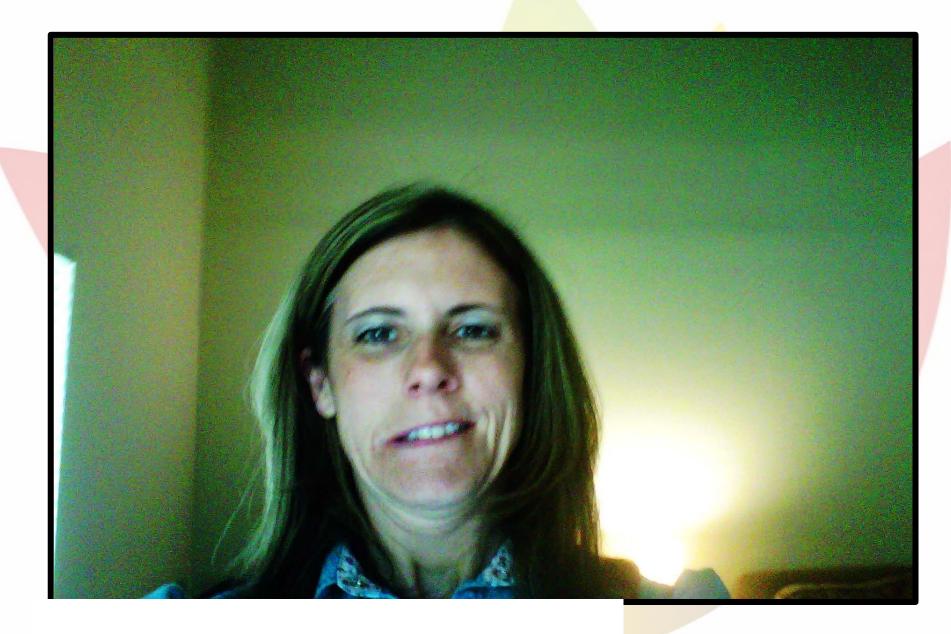
2. Learn to Think



Dr. Hendrie Weisenger – "Situations"



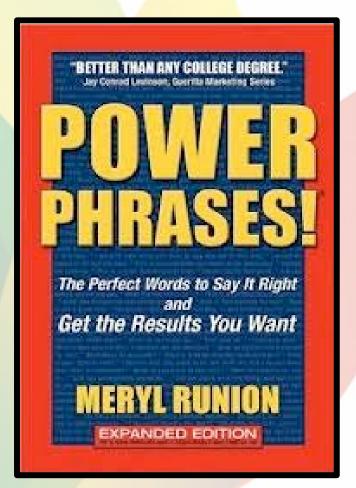
If you think of life as a series of situations that require some kind of response, then no situation is inherently a problem. It is the ineffectiveness of our response that makes it so.





3. Assess Your Language





www.speakstrong.com

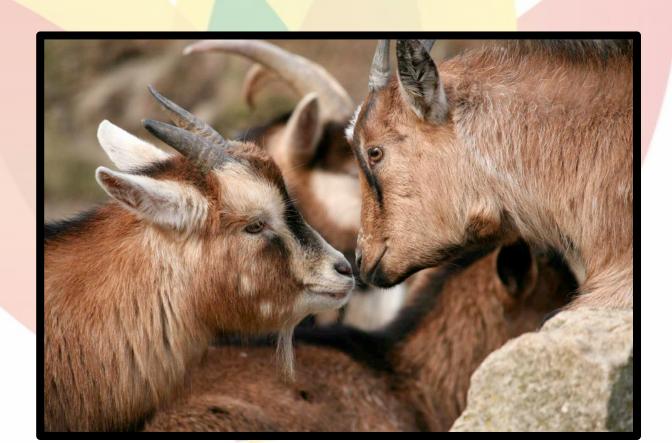
Emotional Maturity



allow conflict in yourself & between yourself and others



attempt to understand and appropriately respond to the emotions of others



become motivated and inspired by understanding the emotions of others



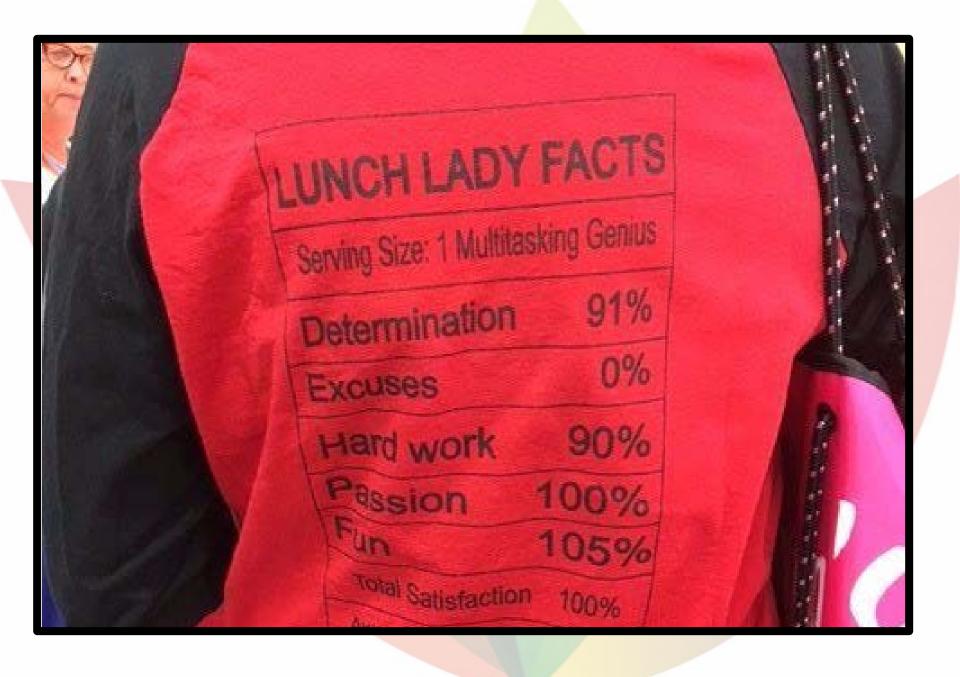
use language that indicates acceptance and appreciation for each person's individual experience in this world, including your own



4. YEARN For Wisdom







CONTACT INFORMATION

Telephone: (615) 497-7714

tamiwest@tamiwest.com

www.tamiwest.com

www.facebook.com/TamiWestSeminars

www.twitter.com/TamiWest

wws.linkedin.com/in/tamiwest/www.youtube

.com/user/TamiWestTN

Always Laugh ©

