



NO HAIRNET REQUIRED!

Helping Lunch Ladies and Food Dudes
Rediscover Their Purpose & Boost Morale

Lindsey Copeland | Solution Expert | **Primeros** *edgē*

November 10, 2019 8:00am

More About Me

- Solution Expert at PrimeroEdge
- Bachelor of Science in Interdisciplinary Studies
from Sam Houston State University
- Teacher for six years
- Love to travel

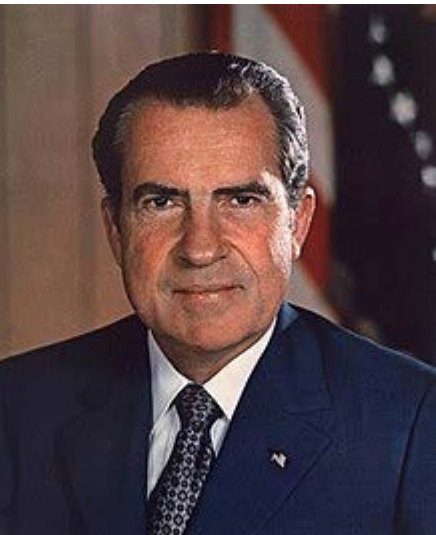


What you'll learn:

- Your role & mission
- The Scoop on Employee turnover
- The four key principles
- Reminders



At the lunch ladies' lounge.



**Richard
Nixon**



Julia Child



**Venus
Williams**



Dave Brubeck



Who
Have *You*
Served?



Your Mission

- ✓ To provide delicious, nourishing food to the future of America
- ✓ To give students the fuel to help them learn
- ✓ To “enrich children’s minds by nourishing their bodies”

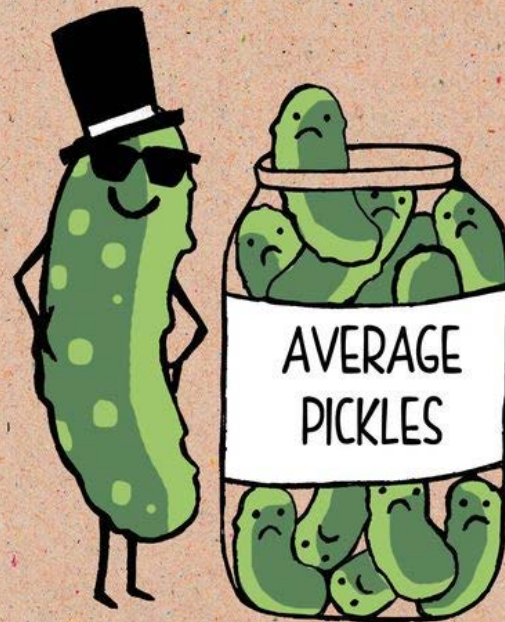


CAFETERIA (NOUN):
A Place Where
Minds Are Fed
and s Are Full

Feeding Bodies.
Fueling Minds.™







YOU ARE KIND OF A BIG DILL!

14M/2B Breakfasts

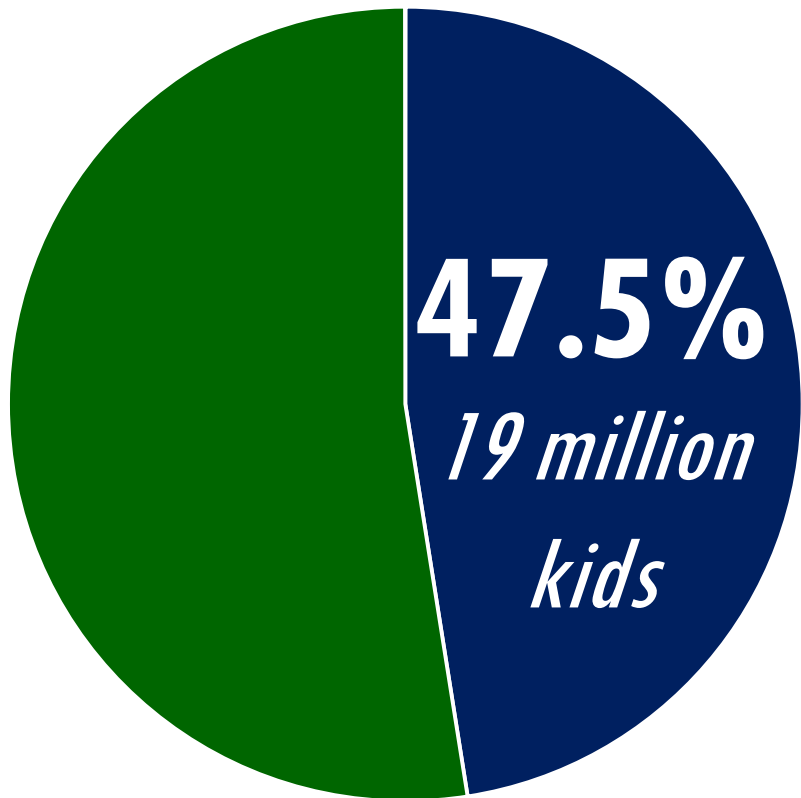


30M/5B Lunches



1 out of 6





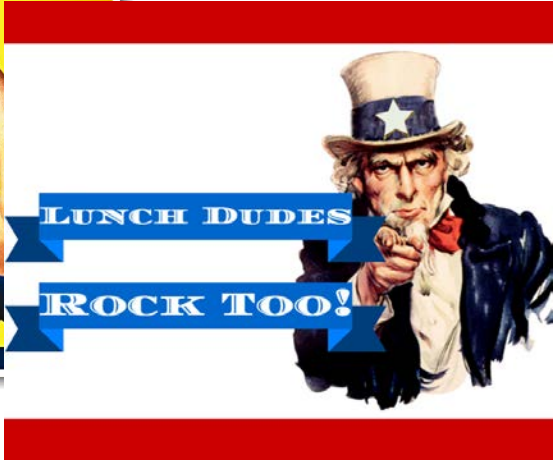
**Students
who qualify
for free or
reduced-
price meals**



When a student smiles and thanks you for serving their meal



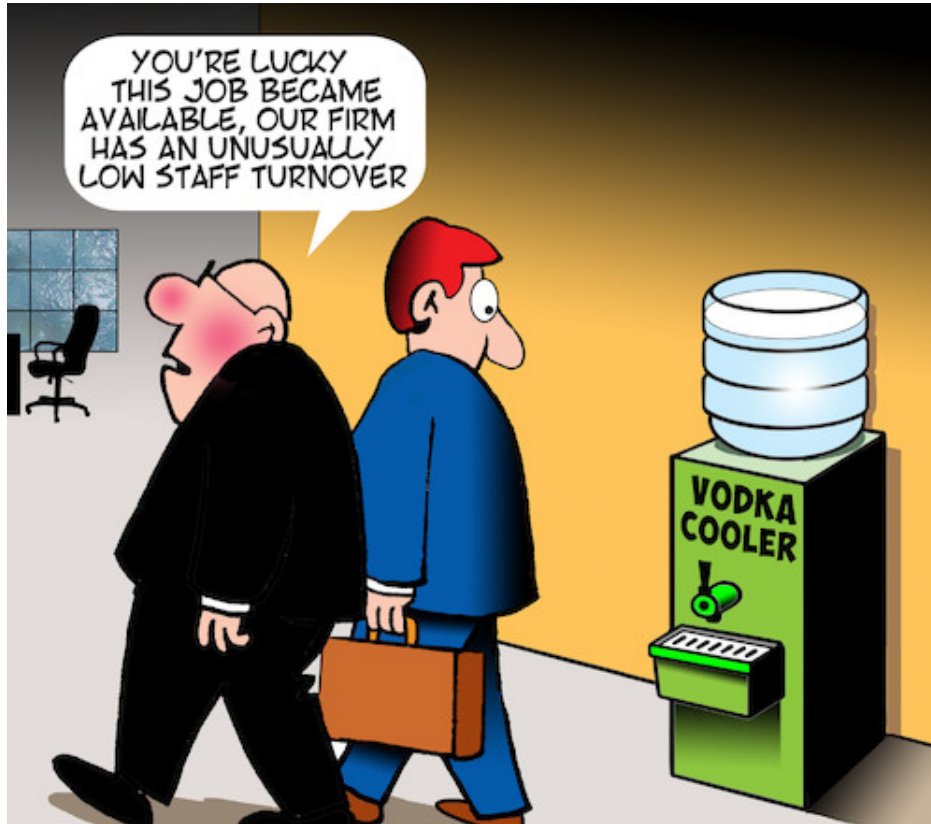
There's superman, wonder woman and batman...



“AN APRON IS JUST A CAPE ON BACKWARDS.”

...Then there's Lunch Ladies and Food dudes, the real heroes

Employee turnover

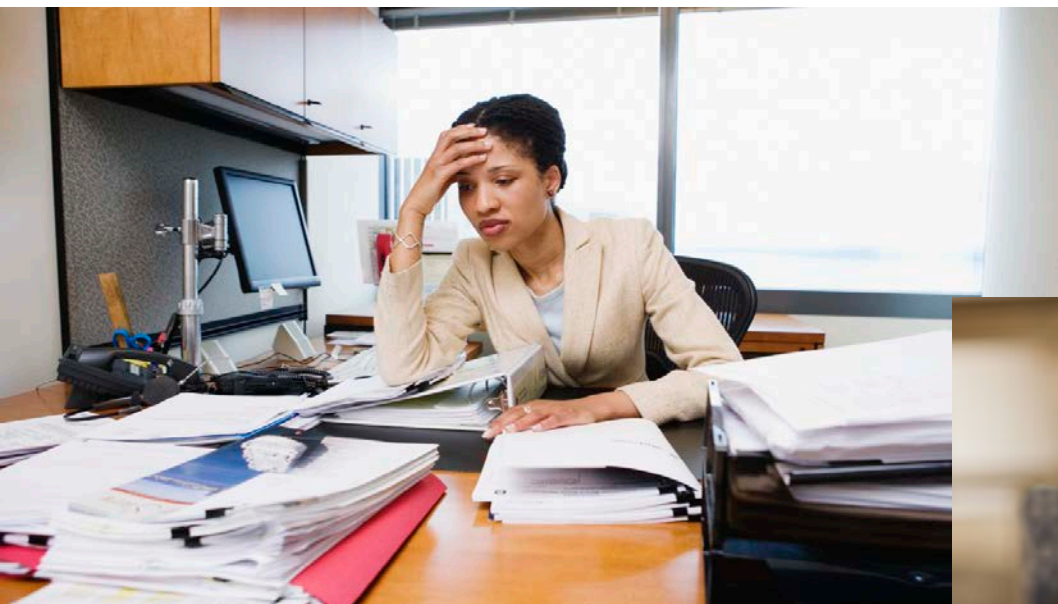


Food Service Turnover:

MY BOSS CAN CHANGE
HIS OWN DAMN SIGN
I QUIT



62.6%



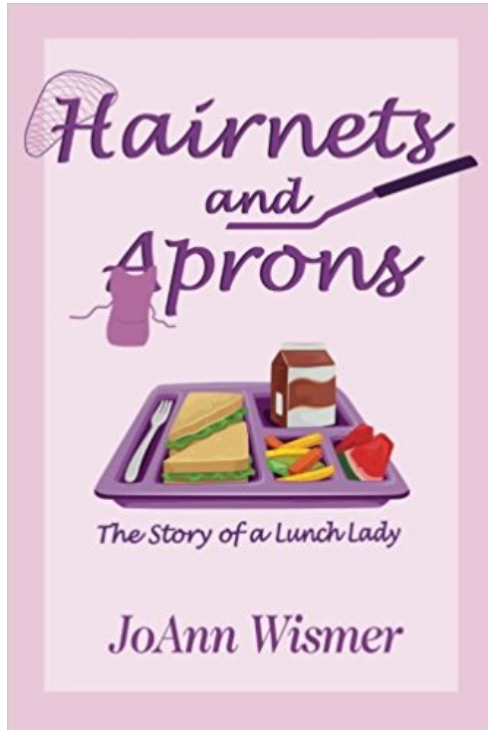
Disengaged





The four key principles

As told by JoAnn



1. Keep training
2. Build morale
3. Get involved
4. Attend conferences to Network & grow



**Keep
Training**

Keep Training

Directors	Managers	20+Hours a Week Staff
12 hours	10 hours	6 hours



What kind of training do we want?



HOTtopics

What kind of training do we want?



Mount Diablo USD In-House Training



To Enroll

Pass six-month probationary period

Write a letter of intent



Format

Five weeks long

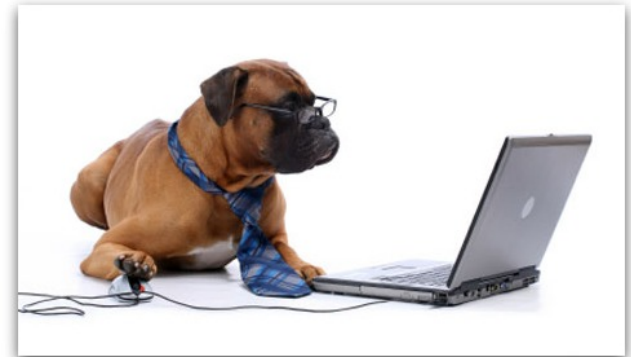
Free

Provided at full-scale kitchen sites

Must pass each course to progress to next area



Bosses... Listen Up!



Bosses... Listen Up!



Plan



Other Training Resources





Build Morale

School nutrition service is...



FEATURED TOP STORY

South Middleton Schools

Police: Rice Elementary cafeteria worker assaulted students in lunch line

It Starts With You.



What's In A Name?



“I serve nutritious meals to the future of America.”

Promote Yourself!

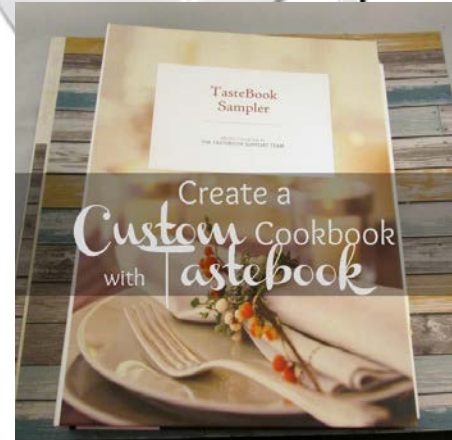
Sign up to be a
Mystery Reader



EAT YOUR GREENS



SCHOOL LUNCH
SUPERHERO DAY





Company Culture



**EMPLOYEE
RECOGNITION
PROGRAM**



Notice Effort



Give Rewards



Celebrate

bring your
FRIENDS
to work!

Company Culture



ASSESSMENT
of Management



PRODUCTIVITY

VISIBILITY

MOTIVATION





**Get
Involved**

Get Involved*

*Without Over-Stepping



OPEN HOUSE



HEALTHY Classroom Catering

by Student Nutrition Services

MENU

Fresh Fruit with Yogurt Dip	\$1.50/student
Fresh Fruit Pizza	\$1.50/student
Fresh Veggies with Lowfat Ranch Dip	\$1.50/student
Fruit Kabobs	\$1.00/student
Fruit Salsa/Cinnamon Nachos	\$1.00/student
Salsa/Baked Chips	\$1.00/student
Snack Mix	\$1.00/student
S'more Snack Mix	\$1.00/student
Popcorn	\$0.75/student
Capri Sun 100% Juice	\$0.75/student
Sorbet	\$0.75/student
Whole-Grain Rice Krispie Bar	\$0.75/student
Milk	\$0.50/student
Oatmeal Bar (Chocolate Chip or Butterscotch)	\$0.50/student
String Cheese	\$0.50/student
Chocolate Graham Cracker	\$0.50/student
Go-Gurt (Cold or Frozen)	\$0.50/student
Craisins (Strawberry or Cherry)	\$0.50/student
Annie's Organic Bunny Grahams	\$0.50/student

*The above list of snacks do not contain peanuts/tree nuts, but may be processed in a facility with peanuts or tree nuts.
This institution is an equal opportunity provider.*

GUIDELINES

All pricing includes delivery, napkins, and tableware.

Orders must be placed seven (7) working days in advance. Requests for changes and/or cancellations in food and beverage service the day before the event will be charged according to the ability to re-use ordered items.

ALL PAYMENTS NEED TO BE RECEIVED PRIOR TO THE CATERING EVENT.

Please mail your check to:
John Marshall High School
Attention SNS
1510 14th Street NW
Rochester, MN 55901

Checks can be made out to:
Student Nutrition Services.

CONTACT:

Theresa Splittstoesser
John Marshall High School
healthyclassroomcatering@rochester.k12.mn.us
507.328.5309

Rochester
Public Schools



THANK YOU FOR CHOOSING HEALTHY CLASSROOM CATERING!



**Attend
Conferences**

***LAC**

***SNIC**

***ANC**

***NLC**

***state conferences**





TIPS for School Meals That Rock

Public Group

About

Discussion

Members

Events

Videos

Photos

Files

Search this group

Shortcuts

PrimerEdge 16

CATAPULT 2

CORE Running Compa... 20+

Cypress Running C... 20+

14th Annual Pear Run 0

Houston Tri Community 2

Houston Area Road ... 12

CyTri FB Group 19

Texas State Triathlon Te... 0



[+ Join Group](#)

[... More](#)

Join this group to post and comment.

About This Group

Description

It's FINALLY here! A School Meals That Rock GROUP ... so that YOU can SHARE tips, ASK questions, and DOWNLOAD resources. My #1 reason for starting this GROUP is to have a way to POST files for you to use.

Members · 1,894



Sandy, Sarah and 3 other friends are members.

Admins



Dayle is an admin.

[See All Members](#)

RECENT GROUP FILES



Roasted Broccoli w.docx

Cheryl Heller Fliss updated 7 hours ago

[See More](#)

CREATE NEW GROUPS

Groups make it easier than ever to share with friends, family and teammates.

[Create Group](#)

Suggested Groups

[See All](#)



Weight Watchers Freestyle Recipes and So Much More!

111,783 members

[+ Join](#)



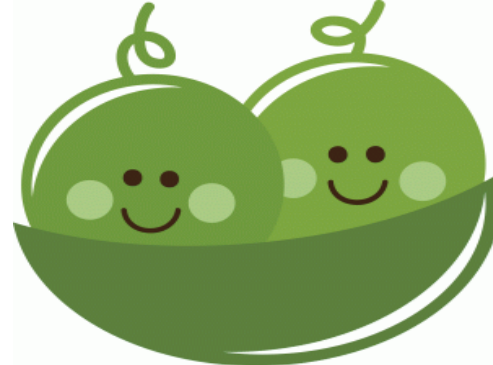
**Things to
remember...**



**DON'T BE
AFRAID
TO TAKE
WHISKS**

**Step out of your
comfort zone, try
new things, and
meet challenges
with a can-do
attitude!**

When conflicts arise,
calmly assess the
situation, and work
together to find a
compromise.

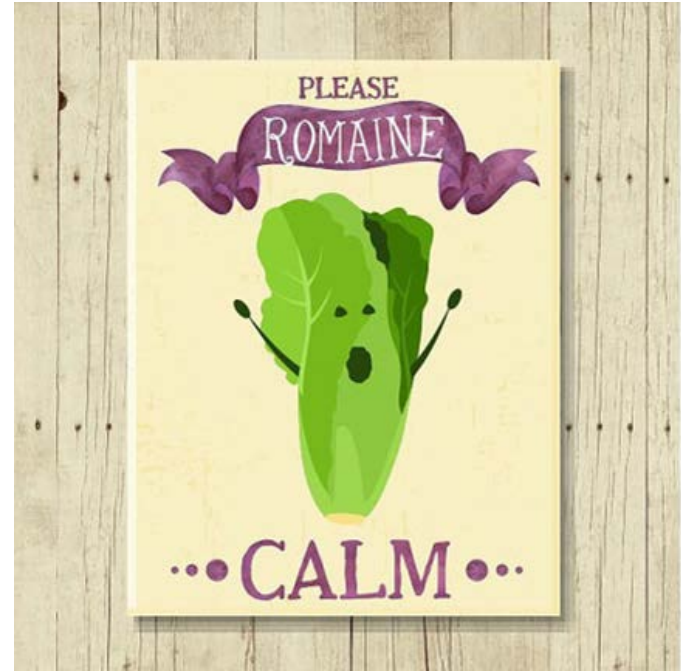


Follow Directions carefully - and if you're unsure, ask to hear them again!





**Keep calm
And
carry on!**



Things will
change, and
that's okay!



Don't forget
about
marketing!





**RUBBER DUCKY
CUPCAKES**



NAILED IT

Pinstrosity.blogspot.com/

**We're all human.
Everybody
"bakes" mistakes.
Forgive, learn,
and move on.**

Not every day will be good,



but you can find something good in every day.

When all else
fails, smile...



Remember your



Support system

Take some
advice from a
pineapple!



BE A PINEAPPLE:
STAND TALL,
WEAR A CROWN,
AND BE SWEET
ON THE INSIDE



Never Stop Learning!





Questions?

Email:

lindsey.copeland@primeroedge.com