

Don't miss your opportunity to attend this remarkable 2-part training series in your region!

SMARTER LUNCHROOMS* in California: Introduction

Presented by Cornell University's Kathryn Hoy,
MFN, RD, CDN

Influencing Meal and Beverage Choices to Reduce Food
Waste and Improve Meal Participation

Register now for this FREE training with a free lunch

We all agree it's not nutrition until students eat it or drink it. A smartly run lunchroom nudges students toward making better choices on their own by changing the way their options are presented. Join us to discover low- or no-cost ways to promote the consumption of healthy school lunch options, using the evidence-based principles of the Smarter Lunchrooms Movement.

Intended Audience

School Nutrition Directors, School Nutrition Managers, Nutrition Specialists

**The Smarter Lunchrooms Movement was started in 2009 with the goal of creating sustainable research-based lunchrooms that guide smarter choices. The movement is housed in the Cornell Center for Behavioral Economics in Child Nutrition Programs (BEN Center). Visit www.smarterlunchrooms.org and click About Us for details.*

This training is pre-approved for CE credits through the School Nutrition Association and Commission on Dietetic Registration.

CHOOSE A LOCATION THAT WORKS FOR YOU:

March 10 only	Downey
March 11 & April 2	Orange Co.
March 13 & April 1	Alameda
March 18 & April 7	Fresno

TRAINING TIMES

PART A: 9 AM- 3 PM
PART B: 9 AM - 12 PM

HOW DO I SIGN UP?

[Register for training](#)

QUESTIONS:

Contact Heather Reed at
916.323.3581 or by email at
hreed@cde.ca.gov

"After attending your workshop I was inspired to take your ideas and put it to the test ... CRAZY HOW THIS WORKED!!!"

....Marta Shand, Site Manager,
Nutrition Services, Dessert Sands
Unified School District

Smarter Lunchroom Makeovers use simple methods:

- low-cost and no-cost strategies to get students to take and eat healthy foods.
- changes such as relocating fruit, renaming vegetables, and prompting students to select healthy foods.

This unique training opportunity is made possible through the generous support of:

