<table>
<thead>
<tr>
<th>Product Code</th>
<th>Description</th>
<th>Heating Instructions from Frozen</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>1230 Pierce ½” White and Dark Chicken Meat</td>
<td>Convention Oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1” layer in an ungreased hotel pan. Bake covered for 90 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1” layer in an ungreased hotel pan. Bake covered for 45 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.</td>
<td>n/a</td>
<td></td>
</tr>
<tr>
<td>1250 Pierce Fajita Chicken Strips</td>
<td>Convention Oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1” layer in an ungreased hotel pan. Bake covered for 90 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1” layer in an ungreased hotel pan. Bake covered for 45 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.</td>
<td>n/a</td>
<td></td>
</tr>
<tr>
<td>6216 Gold Kist WG Breaded Chicken Strips</td>
<td>Convention Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.</td>
<td>wheat</td>
<td></td>
</tr>
<tr>
<td>6116 Gold Kist WG Breaded Chicken Bites</td>
<td>Convention Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.</td>
<td>wheat</td>
<td></td>
</tr>
<tr>
<td>1260 Pierce Dark Meat Menu Chicken</td>
<td>Convention Oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1” layer in an ungreased hotel pan. Bake covered for 90 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1” layer in an ungreased hotel pan. Bake covered for 45 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.</td>
<td>n/a</td>
<td></td>
</tr>
<tr>
<td>6390 Dark Meat Chicken Sausage</td>
<td>Convention Oven: Preheat oven to 400°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 15 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.</td>
<td>n/a</td>
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</tr>
</tbody>
</table>
6410 Gold Kist Italian-Style Chicken Meatballs

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 35 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 9 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.

Allergens: milk

6616 Gold Kist WG Breaded Chicken Patties

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: wheat

7516 Pierce WG Breaded Chicken Breast Fillets

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, wheat

7517 Pierce WG Hot & Spicy Breaded Chicken Breast Fillets

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, wheat

7518 Pierce WG Breaded Chicken Breast Bites

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, wheat

7519 Gold Kist WG Breakfast Fillet

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, wheat
**7520 Pierce Unbreaded Chicken Breast Fillets**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 400°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 15 minutes. Microwave Oven: Place frozen chicken pieces in a single layer on a microwave safe dish. Microwave on high for 2.25 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** soy

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**7522 Gold Kist WG Breaded Breast Fillets**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** milk, wheat

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**7572 Gold Kist WG Breaded Chicken Tenderloins**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** milk, wheat

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**7576 Gold Kist WG Breaded Guajillo Chicken Tenders**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** wheat

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**7803 Pierce WG Breaded Drumsticks**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 40 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 25 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** wheat

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**7805 Pierce Oven Roasted Wings**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 38 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** n/a
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<tr>
<th>Product Code</th>
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<th>Heating Instructions from Frozen: Convection Oven:</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>7812</td>
<td>Pierce WG Breaded 8-Piece Parts</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 90 minutes.</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 50 minutes.</td>
<td>eggs, wheat</td>
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<tr>
<td>8820</td>
<td>Pierce Roasted 8-Piece Parts</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 75 minutes.</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 45 minutes.</td>
<td>n/a</td>
</tr>
<tr>
<td>26624</td>
<td>Gold Kist Unbreaded Chicken Patties</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 15-20 minutes.</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8-10 minutes.</td>
<td>soy</td>
</tr>
<tr>
<td>49913</td>
<td>Gold Kist WG Breaded Chicken Sticks</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes.</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes.</td>
<td>milk, soy, wheat</td>
</tr>
<tr>
<td>88013</td>
<td>Roasted 4-Piece Parts</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 75 minutes.</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 45 minutes.</td>
<td>n/a</td>
</tr>
<tr>
<td>110452</td>
<td>Gold Kist WG Breaded Chicken Smackers</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes.</td>
<td>Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes.</td>
<td>milk, soy, wheat</td>
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</tbody>
</table>
110458 Gold Kist WG Breaded Dark Meat Smackers

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, soy, wheat

499180 Gold Kist WG Breaded Chicken Rings

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, soy, wheat

612100 Gold Kist WG Traditional Breaded Chicken Nuggets

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, soy, wheat

615300 Gold Kist WG Homestyle Breaded Chicken Nuggets

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 10-14 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8-10 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: soy, wheat

622100 Gold Kist WG Traditional Breaded Chicken Strips

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 10-14 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8-10 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, soy, wheat

625300 Gold Kist WG Homestyle Breaded Chicken Strips

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 10-14 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8-10 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: soy, wheat
**635300 Gold Kist WG Breaded Breakfast Patty**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** soy, wheat

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**662100 Gold Kist WG Traditional Breaded Chicken Patty**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 15 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** milk, soy, wheat

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**665400 Gold Kist WG Homestyle Breaded Chicken Patty**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 15-20 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8-10 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** soy, wheat

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**666600 Gold Kist WG Hot and Spicy Breaded Chicken Patty**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 10-14 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8-10 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** soy, wheat

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**666700 Gold Kist WG Pyro Breaded Chicken Patty**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12-15 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8-10 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** soy, wheat

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**691600 Gold Kist WG Breaded Chicken Popcorn**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 10-14 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8-10 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** milk, soy, wheat

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770452 Just BARE NAE WG Chicken Smackers

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, wheat

770458 Just BARE NAE WG Dark Meat Smackers

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, wheat

771230 Just BARE NAE Diced ½” White and Dark Meat Chicken

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in an ungreased hotel pan. Bake covered for 90 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in an ungreased hotel pan. Bake covered for 45 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: n/a

776121 Gold Kist NAE WG Traditional Chicken Nuggets

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, soy, wheat

77153 Gold Kist NAE WG Homestyle Chicken Nuggets

Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

Allergens: milk, soy, wheat
**776223 Just BARE NAE WG Chicken Strips**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** wheat

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**776623 Just BARE NAE WG Homestyle Chicken Breast Patties**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** wheat

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**776666 Gold Kist NAE WG Hot and Spicy Chicken Patties**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** soy, wheat

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**776654 Gold Kist NAE WG Homestyle Chicken Patties**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** milk, wheat, soy

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**776390 Just BARE NAE Dark Meat Sausage Patties**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 15 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 8 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** n/a

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**776410 Just BARE NAE Dark Meat Italian-Style Meatballs**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 35 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 9 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** wheat

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**776654 Gold Kist NAE WG Homestyle Chicken Patties**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** wheat

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**776666 Gold Kist NAE WG Hot and Spicy Chicken Patties**

**Heating Instructions from Frozen:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

**Allergens:** soy, wheat
**776667 Gold Kist NAE WG Pyro Chicken Patties**

*Heating Instructions from Frozen*: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

*Allergens*: soy, wheat

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**776916 Just BARE NAE WG Chicken Popcorn**

*Heating Instructions from Frozen*: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

*Allergens*: milk, soy, wheat

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**777516 Just BARE NAE WG Breaded Chicken Breast Fillets**

*Heating Instructions from Frozen*: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

*Allergens*: milk, wheat

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**777518 Just BARE NAE WG Chicken Breast Bites**

*Heating Instructions from Frozen*: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

*Allergens*: milk, wheat

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**777572 Just BARE NAE WG Chicken Tenders**

*Heating Instructions from Frozen*: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

*Allergens*: milk, wheat

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**777516 Just BARE NAE WG Chicken Popcorn**

*Heating Instructions from Frozen*: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 30 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.

*Allergens*: milk, soy, wheat