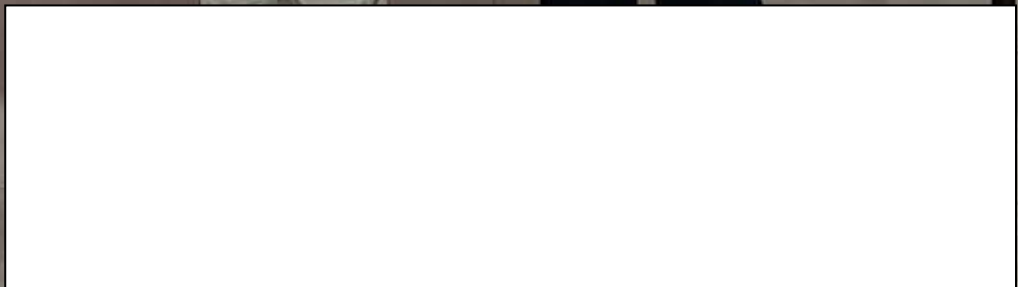


Poppy Seeds

The Official JOURNAL for the California Child Nutrition Professional



SUMMER 2019 • California School Nutrition Association • Volume 63 - No. 1



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 SCHOOL PIZZA!"**



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PRESIDENT'S MESSAGE

BY POLLY HOUSTON | CSNA PRESIDENT



CSNA leaders - summer is here and our 2019 school year has started with a surge of excitement! Opportunities are molding into possibilities and now it's your time to

grow! CSNA has over 2,300 members with hundreds of active volunteers and we have 60 Board Member positions to fill. That means, our organization is filled with wonderful current and potential leaders who are "Leading the Way" in school nutrition.

There are many "Leading the Way" possibilities for you as a member of CSNA. Empower yourself by getting involved in your local chapter or be your state and national legislative advocate this year. There is so much talent out there, and we all can learn from local chapter members, state agencies and from our wonderful industry partners. That means you have numerous chances to expand your knowledge and use your skills to mentor others. We're here to help you grow and as you do, our students will benefit with you "Leading the Way" to their healthy future.

Thanks to the leadership of our immediate past president, Kim Ekholm, and our dedicated Board Members, we have made great strides to improve our CSNA structure for our members by expanding our marketing and public relations and broadening opportunities for co-chairs to learn and grow along side our committee chairs.

Your opportunity truly awaits! CSNA provides an open invitation to broaden the horizon of each and every CSNA member. This year's annual conference

will be our 67th and takes place in Ontario. CSNA will provide wonderful speakers for your Educational Breakout Sessions and a Magician, a Comedian and a motivational speaker as our keynotes. Learn from the best and grow!

This year's theme is whimsical, fun and filled with unexpected surprises! I chose "Charlie and the Chocolate Factory," also referred to as "Willy Wonka," (who hasn't read the book or seen the movie?) as my theme not only because it's my all-time favorite childhood story, but because the story symbolizes being selfless and humble. This is something that all CSNA members strive to provide our students each and every day – to build their successful futures. Plus, it's the perfect story to twist sugary treats to nutritional treats. Am I right?

Our take on the story goes as follows: Wonka gave his fabulous Chocolate Factory to Charlie Bucket and soon after, Wonka built a new factory – a Nutrition Factory! Wonka is now "Leading the Way" to find new potential leaders to take over his new creation. Will you be the Golden Ticket winner? Join Wonka in Ontario at the 67th Annual Conference for fun and surprises – plus your chance to win the Golden Ticket!

As my journey begins as your CSNA president, I am honored to be of service and hope you will join me in Ontario for our 2019 CSNA Annual Conference. Expect the unexpected, where your journey begins with endless possibilities by "Leading the Way!"

Polly Houston



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MEMBERSHIP CORNER

BY JENNIFER DAVIS, SNS
CSNA MEMBERSHIP CHAIR

Celebrate summer at barbecues, pool parties, watching sunsets, taking vacations and attending special events with friends and family around you! As we all know, our day-to-day life gets busy and we forget to enjoy the little things! Take time to view the beauty in life. "Yellow butterflies look like flowers flying through the warm summer air"-*Andrea Willis.*



"If you want to view paradise, simply look around and view it"

- Willy Wonka



CSNA is all about the beauty in life and helping one another lead the way in Child Nutrition. I hope you all remembered to share the exciting events that went on in your districts with the rest of your peers.

2018-2019 Golden Poppy submissions are digital and are due on June 30, 2019.

I look forward to seeing all of you in Willy Wonka Land with the California School Nutrition Association in Ontario, November 7-10, 2019 and don't forget to display your chapter accomplishments.



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SALLY'S MESSAGE

BY SALLY SPERO, SNS, | CHILD NUTRITION DIRECTOR, LAKESIDE UNION SCHOOL DISTRICT

I'm sure we have all had the following experience. We are working away on our tablet or phone or computer when all of a sudden it starts running slow, freezes or otherwise starts acting strangely. We try tapping a couple of keys and hitting the escape button. Maybe a few choice words are muttered that aren't unknown to Poppy Seeds readers. Perhaps we tell the world that we don't need this right now.

But even the least tech-saavy among us knows just what to do. You hit the Ctrl+Alt+Delete buttons at the same time or just plain turn the darn thing off to reboot your system. This clears out programs that may be running and are slowing down your device and you can then start fresh.

Well, it is summertime now and this is a great time to give yourself a reboot. During the school year, we all work at a hectic pace. We constantly are balancing our family responsibilities with our job responsibilities. We promise ourselves that we will

exercise more, read more or do other things to make our lives better. And don't forget the chores and projects around the house that demand our attention and never seem to end! Many years, there is a work or family emergency that we can't avoid dealing with. With all these things going on at the same time we can end up being just like our over-loaded devices — running slow, acting out of the ordinary or just plain crashing.

Summer is the time to get away from some of that. You are not passing off your responsibilities when you go outside for a walk, take that nap or make a special phone call to reconnect with a friend. It means you are clearing things from your mind and allowing yourself to refocus. When you are rested and rejuvenated you will discover you are re-energized and ready for the challenges of the 2019-2020 school year.

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GOOD RELATIONSHIPS MAKE GOOD SCHOOL NUTRITION POLICY

BY LEEANGELA REID, CAPITOL ADVISORS GROUP

One of the key roles of CSNA is to be actively involved in state and federal budget and policy issues of interest to the association's members. Our advocacy centers on the goal of ensuring that governmental, legislative or administrative actions do not impede, but rather support, school nutrition programs.

CSNA works with elected officials to develop their awareness and understanding of school nutrition programs, to bring to light the work done to ensure that the students of California are fed and ready to learn every day, and the challenges often faced in doing so.

We frequently serve as a resource to the author and sponsors of legislation related to school nutrition as they work to respond to concerns that may arise as their bill moves through the legislative process. It is widely recognized that no one is more familiar with the responsibilities that must be met and obstacles that can be encountered with the development and maintenance of a school nutrition program, nor more adept at addressing the multitude of issues that can arise, than the members of CSNA.

CSNA makes great effort to prevent school nutrition programs from being siloed, and, instead to be integrated into the Kindergarten through 12th grade education priorities for the state. To do so effectively, we have worked hard to build and strengthen relationships with other important nutrition and education stakeholders in order to find common areas of interest and mutual concerns, and to look for opportunities to work together rather than against one another.

Each organization has its own policy perspectives, interests, and objectives; but we all share a common goal – for California's students to be happy, healthy, and have the supports around them they need to succeed.

The universe of stakeholders with whom CSNA interacts is an extremely diverse group. While partners vary depending on the issue, we work closely with the Association of California School Administrators (ACSA), the California School Boards Association (CSBA), and the California Association of School Business Officials (CASBO). We are also often

joined by California Food Policy Advocates (CFPA), the California Teachers Association (CTA) and the California State Parent Teacher Association (CAPTA). Sometimes a collaboration includes the American Heart Association and California Medical Association, as well.

CSNA's relationships at the Capitol allow for the voices of our members to be heard as school nutrition bills are shaped to meet the needs of California's students.

Looking for opportunities to partner and to share common goals whenever possible is so important.

Good relationships lead to good public policy, for our children, our school nutrition programs and for California.

Feeling the need to engage? Contact the Public Policy and Legislation chair for your supervisory chapter. You do not need to be on the committee to begin a conversation with your legislator. Relationships are built over time and you as the school nutrition expert can become an important liaison for the students you serve.



Chapter News and Shout Outs

Hunger Does Not Take a Break

Rock and Rose, the ladies of **Chapter 32**, joined together and donated their time and muscles at the Placer County Food Bank in Roseville, California.

Together, with the help of Christina Ortiz, Regional Coordinator #3, they sorted 10,000 pounds of donated non-perishable food items and created a total of 30 agency boxes.

Chapter President Deborah Ortiz enjoys giving back by representing her chapter and giving back to the community!

Great job ladies!





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RESPECT ME!

by Matt Upton, Your Fellow Leapologist

The students that we serve are growing up in an era where respect is being redefined. Yes we want and deserve good old fashioned respect. The kind of respect given to others according to age, uniform, or position. The kind of respect many of us grew up giving. The hard truth is this type of respect is no longer given unless it is earned.

We are asking students to do something that they have no idea what it is, or how to give it. The question is how do we gain back an era where respect was a norm?

Rather than spending too much of your time, emotions, and resources towards how things ought to be, set out in a direction where you have total control. Here are seven activities that, over time, will produce mutual respect. The kind that is on a two-way street – both given and received amongst students and those who serve them.

1. **Replace the Mirror**

Give students respect to look at – between you and those you work with, as well as those you serve. Take down the one-way mirror and replace it with a two-way mirror. Allow them to

see, hear and feel measurable respect that is not earned (the kind given to others based on one's age, uniform, or position).

2. **Establish New Name Calling**

Begin to address your colleagues and those you serve as Miss, Mrs. or Mr. and use either their first or last name.

3. **Smile**

Your smile along with brief eye contact communicates respect. Make sure to do it often. It demonstrates that you honor the privilege to serve alongside your staff. It also shows those you serve that you are honored to be in their presence.

4. **Pattern What You Expect**

Our actions come from our attitude and thoughts. Those we serve may not know exactly what we are thinking or our attitude towards them, yet they can sense a lack of respect. The truth is, not everyone will respond kindly towards how we think and treat them, yet many will. Give them a great pattern to follow.

Continued on Page 14



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5. Elevate Others in Your Heart

Before your colleagues and students are in front of you, begin to elevate them in your thoughts. How you think of them prior to arriving in your presence, determines how you will treat them with your words and actions.

6. Capture and Communicate the Good

Seek and expect to see good in others; what you expect you will find. The moment you find the good, say it out loud. Pause and point to it, and repeat it often. As you highlight the good, it will show up more often.

7. Transfer the Highest to Those You Serve

It seems backward, yet, taking the lower position in order to give the higher to another will cause respect to flourish. Opening the door, waiting for others to sit, saying thank you and you're welcome are all simple ways to give respect.

Let me suggest giving the seven activities an experimental season of use. Over the next 21 days live each of them with your staff and students. After you have spent a full three weeks with them, look back and notice the level of respect that has found its way into your world.

Then, and only if the respect you've craved has grown, let others know what you've been doing and ask for them to come on board with the 21-Day Respect Experiment.

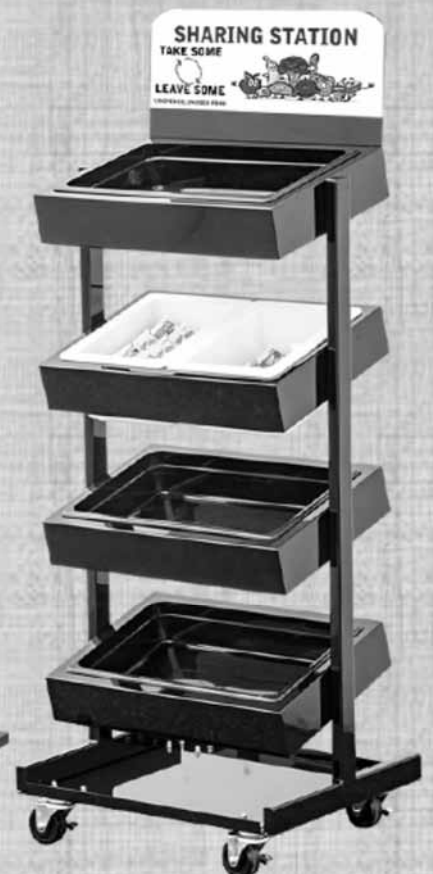
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What is a sharing station?

A sharing station is a place where students can place un-opened food and drinks they choose not to eat or drink. Students donate unwanted food to their hungry classmates at no cost and this helps with reducing food waste. The unwanted food must be placed on the sharing station immediately after leaving the serving line. The sharing station remains open to all students to take from if they see something they would like to eat.


At the end of the day food can be donated to a food bank or charity. While students are still encouraged to choose only what they will eat and eat what they choose, the Sharing Table offers an opportunity for sharing items that would otherwise be thrown away.



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CELEBRATING A “WEEK OF WINNING” FOR SCHOOL BREAKFAST WEEK

By Caitlin Woglom, MS, RD, El Monte City School District

This year, the El Monte City School District celebrated a “Week of Winning” during National School Breakfast Week. Each morning, students received a note in their Breakfast Classroom Bags detailing each day’s contest. The contests ranged from an old-fashioned raffle to a coloring contest to a fun game where cafeteria employees at each school hid stickers on breakfast foods served that day. The five students who found the stickers on their breakfast items were invited to the cafeteria to claim a prize.

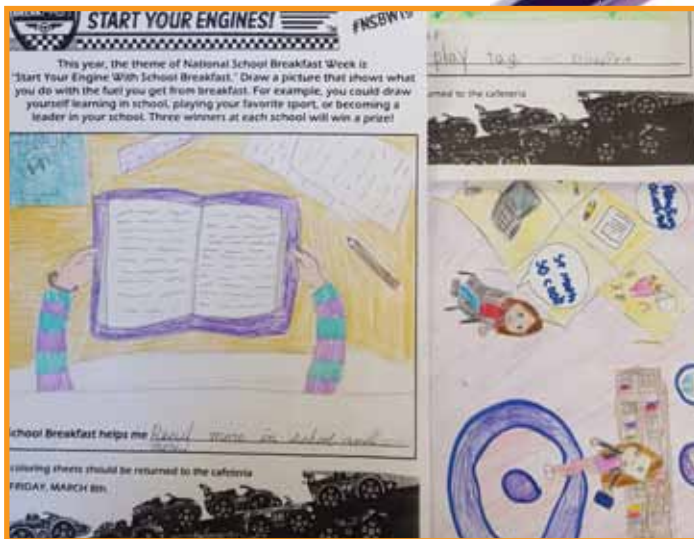
The week-long coloring contest challenged students to think about this year’s theme for National School Breakfast Week: “Start Your Engines with School Breakfast.” The coloring sheet prompted them to draw a picture showing what they do with the energy they receive from school breakfast. Participants drew themselves playing their favorite sport, learning in math class, and becoming leaders in their school community.

Since teacher support of the breakfast program is essential, other contests were designed to engage teachers. Teachers had the chance to enter their classrooms into two district-wide drawings: one to participate in Child Nutrition taste tests for new menu items and the other was the chance to win classroom nutrition education lessons with the district’s Registered Dietitian.

Overall, Child Nutrition Managers felt as though the week was a success. School staff was involved in the planning and they were engaged throughout the week. There was positive feedback from teachers and principals as well. It was virtually a zero-budget week because the department used loyalty points from vendors to purchase prizes and included annual outreach events for teacher prizes. The week met its big goal of drawing attention to school breakfast, including its importance for learning and optimal health.



El Monte City School District





Celebrating "START YOUR ENGINES WITH SCHOOL BREAKFAST"

By Letty Serrano, Lindsay Unified School District,
Nutrition Services Operations Coordinator

Lindsay Unified School District consists of 4,000 students (learners). The Food Services Department's Mission is to do our part in further educating our learners with healthier eating habits and the importance of having a well balanced breakfast.

Every year we celebrate National School Breakfast Week by giving out promotional prizes, which are purchased from the SNA website. However this year we wanted to go a little further and make it extra special for our learners. We decorated our cafeterias with this year's theme "Start Your Engines With School Breakfast." We also used our TV displays at each learning community to promote the importance of staying healthy by eating more fruits and vegetables with each meal.

We invited learning facilitators (teachers), administrators, the superintendent, our local police department, and other public dignitaries to come to each of our sites to help pass out the promotional materials and to help serve breakfast. Our breakfast service was a success with a high participation rate and our learners were happy to see police officers in the cafeterias helping with breakfast service. We live in a small community where most people know each other. Our learners enjoyed having the extra adults in the cafeteria who are like family.

It just goes to show that with a little extra effort from our community we can teach our children how to eat healthier and how eating a well-balanced breakfast will help them stay focused and ready to learn.

*Lindsay Unified
School District*



SCHOOL LUNCH HERO DAY

ANAHEIM UNION HIGH SCHOOL DISTRICT

This School Lunch Hero Day (SLHD) was a special one in AUHSD as the Director, Assistant Director, Chief Business Officer, Food Services Operations Supervisors and Food Service Manager 2 visited each and every one of our 43 sites and Central Kitchen (most as a group, and some by themselves individually) to present each site with personalized SLHD Cards and SLHD Buttons from the SNA Website.

It was a great experience and all staff members present during these visits were very surprised, happy

and excited to see the support, appreciation and admiration from the Management Team. Of course, the outpouring of art work and small tokens of appreciation given to the School Lunch Heroes from the students and staff at many of these sites were the icing on the cake, highlighting the never-ending care and kindness shown to them via providing nutritious and delicious meals daily.

Please enjoy a few photos of our School Lunch Hero Day celebration!



SCHOOL LUNCH HERO DAY

FULLERTON SCHOOL DISTRICT

School Lunch Hero Day (SLHD) at Fullerton School District (FSD) May 3rd, 2019 included several components. The campaign started with a SLHD menu contest for students. An invitation was sent to all elementary students to draw their favorite school lunch hero and to explain why they appreciate them. After receiving the student drawings, the top 10 were posted on Facebook where parents were asked to vote for their favorite drawing. The drawing with the most “likes” won an Art & Activity Basket (valued over \$50) and their artwork was placed on the May Lunch Menu. Our winner was a 1st grader from Laguna Road Elementary School.



SLHD staff also participated by dressing up as their favorite superhero. All staff who dressed up on Friday, May 3 got their name placed into a raffle to win a Breakfast Basket. Both prize baskets were made possible through donations. Staff reported having a lot of fun with the students on School Lunch Hero Day.

Overall there was participation from teachers and students, parents and cafeteria staff.



Pictured from left to right: Shannon Illingworth, Nutrition Supervisor; Diane Choi, School Lunch Hero; Cindy Bak, Principal; and Micah Pak, 1st Grader.



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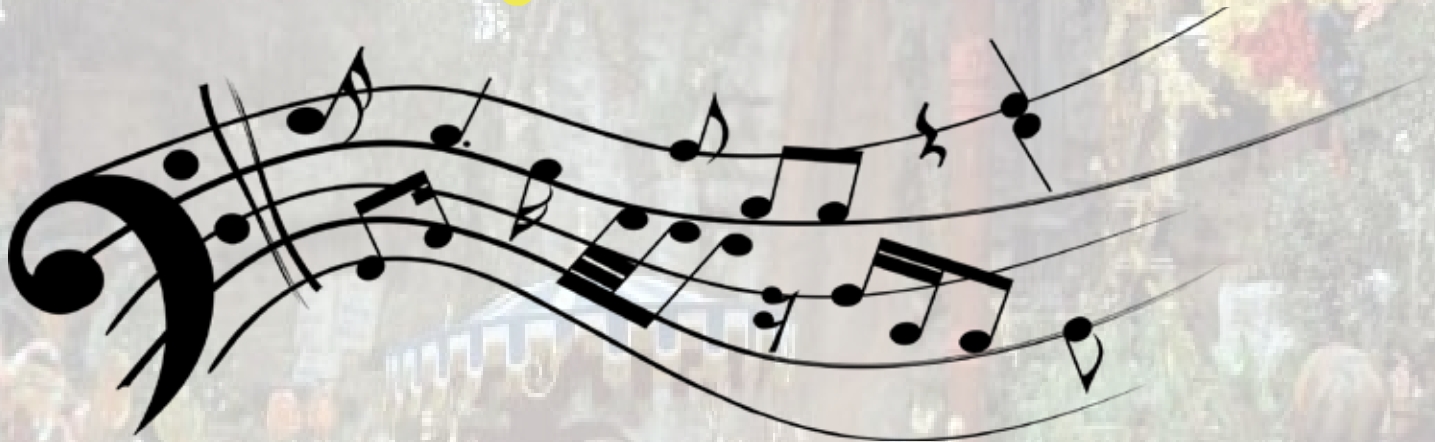


THE 67TH ANNUAL CONFERENCE
OF THE
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THE CSNA 2019 ANNUAL CONFERENCE

NOVEMBER 7 – 10, 2019

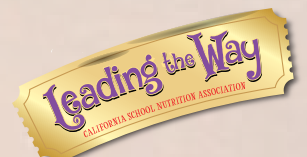


Come with me and you'll be in a world of pure nutrition education.
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me..... You have a golden ticket, you have a golden ticket!
Don't waste it, come and join us in "Leading the Way"
for our students and their nutrition.

"It happens every time,
they all become blueberries."





Leading the Way to the CSNA 67th Annual Conference!

This will attract all Wonka fans from near and far to Ontario in Southern California, from November 7-10, 2019... Especially those lucky enough to have a Golden Ticket from last year's Brunch!



Circle, highlight, and add to your mobile calendars, those are the dates CSNA will host a great weekend filled with educational breakouts, general sessions, and keynotes speakers and of course FUN!

“Little surprises around every corner, but nothing dangerous!”

The exhibit hall will be the center of activity housing our Industry Partners as they display the latest and greatest products, services, and equipment that will enlighten us with the grandest of ideas; “understandably” you may not believe your eyes.

Be prepared with comfortable shoes and taste buds ready!

FUN Central? Make sure you attend the President's Party on *Saturday, November 9th*

Wonka Wonderland!

Grab your purple jacket or your prettiest red dress, maybe white knickerbockers and suspenders? Whatever your costume or attire selection, make sure you attend this Wonka World Wonderland ready to have FUN!

Begin making plans now to join us for this *Wonka World of Pure Imagination*,

“A little nonsense now and then is relished by the wisest men.”

You are going to want to stay with us through Sunday, as we will have great speakers lined up throughout the weekend and the finale of awards and recognitions during the Sunday Brunch.

“We have so much time and so little to see. Wait a minute! Strike that, reverse it. Thank you.”

Don't miss out on Early Bird pricing for Registration and make sure to book your room early to ensure the best prices. Bring as many people as you can and don't forget to volunteer.

“The suspense is terrible! I hope it'll last.”

KEYNOTE SPEAKERS

**Friday, November 8, 2019
3:15 p.m. - 5:00 p.m.**



Michael Rangel is a professional magician, who for the past 20 years, has performed his special brand of magic around the world. His magic will not only mystify the mind, but touch the heart, and inspire the soul. His clients include corporations such as Facebook, Disney, and the NFL. He is also a frequent headliner at the World Famous Magic Castle in Hollywood, where he has been performing for the past 18 years. Michael is excited to bring his show to the CSNA's conference in 2019, and is looking forward to sharing his art of astonishment!

***“Sticks & Stones Exposed:
The Truth Behind Words & Relationships”***
Saturday, November 9, 2019
4:00 p.m. - 5:30 p.m.

This hilarious presentation zeroes in on the power of our words and the impact they have on the culture and climate of an organization, cafeteria, and even school. The Harvard Principals Center released the following statement: “The most powerful predictor of student achievement is the quality of relationships among the staff.” What kind of atmosphere are our words creating? One in which co-workers strive to work as a strong team for the sake of the children....or one that is breeding an inability to trust and work together. Discover how to transform your environment and your relationships and how to build a great “community” within your group, school and your family, while having the most fun ever!



Logan Weber is a motivational speaker for Weber Associates. His dynamic and relevant presentations have led to opportunities to work with Fortune 500 companies like Georgia Power, Cintas and Toyota. Logan was the keynote speaker for the School Nutrition Association's National Leadership Conference and has presented at dozens of Statewide conferences in nutrition and education including Georgia, Indiana, Minnesota, Louisiana, Arkansas, North Carolina, Washington, and Wyoming.

KEYNOTE SPEAKERS

Sunday, November 10, 2019

10:30 a.m. - 12:30 p.m.



I am an experienced director of school nutrition programs, currently employed at Norwalk-La Mirada USD. I am a public speaker (10+ years!) with a focus on motivating and training attendees. I am a RD and have earned an MPA and SNS credentials. I have been acknowledged with the national FAME award and I have been honored with a Congressional Recognition by U.S. Representative Judy Chu.

I have gladly served on Southern California School Nutrition Association's Executive Boards over the years and at the state level. I have been chair and co-chair for professional council for CASBO. In serving, I have met and learned so much, from many wonderfully, accomplished people.

My experience includes time as a clinical dietitian in Houston Texas.

Educational curriculum reviewer for the Society for Nutrition Education, Journal of Nutrition Education. I was also a free-lance writer for Weider publications, before the age of blogs. I am looking forward to being of service for CSNA!





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SILENT AUCTION & RESOURCE ROOM

FUNDRAISING!

Looking for fundraising ideas?

Annual CSNA Conference Silent Auction! This is a great way for your chapter to raise money and at the same time help the CSNA Scholarship fund earn money as well. There is no limit to the amount of items you wish to bring. Everyone loves a great deal and loves being involved. All proceeds from the silent auction are split 50/50, which means your chapter raises money to help make it stronger. It's a WIN, WIN!!



Example of auction items: Gift baskets, purses, blankets, jewelry, gift cards, and even mini vacations or golf packages, etc.

Tips for a Successful Silent Auction:

Make a list of contents in the basket or a description of the item, people are more likely to bid on an items if they know what is inside. Bring something others may find unique, this makes your basket more enticing. Be sure it will appeal to others by decorating or adding different touches to make your basket stand out.



RESOURCE CENTER

The resource center is an area for chapters to display their accomplishments and/or ideas.

You can display your chapter resources on a tri-fold board or on the digital picture frame. This area is where we display your “Back to Basics Golden Poppy Goals” submissions and awards. Whether it is a book or a battery operated picture frame, please showcase your accomplishments.

Your help is needed to make the Resource Center an area people want to visit during the conference. Please send the materials or accomplishments such as, menus, summer feeding programs, CACFP ideas, and training ideas to share that you think others will benefit from.

Please help to make the Resource Center a success!!



PRE---CONFERENCE TOURS & WORKSHOPS

2019 CSNA State Day

Thursday, November 7, 2019 | 8:30 a.m. to 5 p.m.

Do you have your Golden Ticket? Join the California Department of Education Nutrition Services team for a private tour of all four areas of Resource Management:

1. Cafeteria Fund Maintenance
2. Non-Program Foods
3. Paid Lunch Equity
4. Indirect Costs

Ontario Tour

Thursday, November 7, 2019 | 9a.m. to 3:30 p.m.
(Meet by 8:45 a.m. Bus leaves promptly at 9 a.m.)

Round the world and home again, that's the sailor's way. There's no earthly way of knowing which direction we are going. A number of golden tickets have been set aside for deserving school nutrition professionals.

Lucky passengers will board the Wonkatonian just outside the gates of Wonka's Chocolate Factory, only the worthy will notice this enigmatical factory secretly nestled inside the Ontario Convention Center. The journey begins at 8:30 as we drift along the Chocolate River. The first stop is Galasso's Bakery. Here, guests will learn the secrets of producing historically wholesome whole grain gourmets fit for our successful smiling students.

Keep up as the tour progresses, and don't wander. And please keep your arms and other body parts inside the moving vehicle. The Wonkatonian will sail us next to a forest of gleefully growing delights which is ours to explore. Fancy Farmer Bob has pleasantly prepared his favorite family farm for guests of our caliber. Candy cane trees and lollipop bushes are sure to be found. Enjoy a luscious lunch, everlasting gobstoppers and fizzy lifting drinks with the crew.

Be cautious of Sneaky Slugworth. Spies are around every corner and maybe among the trees. And that's not good. On this magical journey, deserving participants may encounter break out performances by Oompa-Loompas or the Whimsical Wonka.

Sign up now and don't miss out.

Willy Wonka: But Charlie, don't forget what happened to the man who suddenly got everything he always wanted.

Charlie Bucket: What happened?

Willy Wonka: He lived happily ever after.

Cashier Training, Cafeteria as a Classroom, & Mock Health Inspection Workshop

Thursday, November 7, 2019 | 8:30 a.m. to 5 p.m.

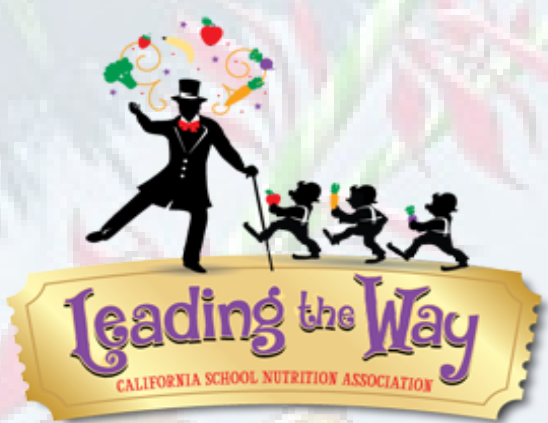
Develop your cafeteria management skills through a dynamic and engaging course that will cover front line cashier training, utilizing the cafeteria as a classroom, and preparing for a health inspection with confidence. Participants will be able to identify risk-based food safety practices and conduct a risk-based inspection to provide the confidence to serve the safest possible food for your kids.

Ontario Convention Center

www.govb.org/meet/ontario-convention-center

LOCATION

2000 East Convention Center Way
Ontario, CA 91764



NAC 2019

NUTRITION ADVISORY COUNCIL

Dear NAC groups,

"I shake you warmly by the hand! Tremendous things are in store for you!"

We are pleased to invite you to a world of pure imagination! We request NAC Teams from around the state to participate in a fun filled day of nutrition, physical fitness, and the opportunity to tour the wonky factory to vote on your favorite food(s).

"There's so much time and so little to do! Wait a minute. Strike that. Reverse it." There are many tunnels in the factory leading you to somewhere. A chocolate room perhaps!? Follow the sweet scent in the air that will lead you to delicious eatables!

The day of the tour is November 8, 2019. We await your response not later than October 11, 2019.

Hurry, space is limited to 100 lucky finders!

JASON CHOI
GLENDALE UNIFIED SCHOOL DISTRICT
349A W. MAGNOLIA AVE, GLENDALE, CA 91204
JASONCHOI@GUSD.NET
P: (818) 552-2677
F: (818) 552-2689



NAC 2019

NAC Mini-Conference

Date: Friday, November 8, 2019
Time: 9:00am - 1:00pm

Location: Ontario Convention Center
2000 E Convention Center Way
Ontario, CA 91764

SPACE IS LIMITED SO REGISTER EARLY!

Nutrition Education

Physical Fitness Fun

Meet Other NAC Student Leaders

Ideas for NAC Activities

Taste Testing - Items for school meals, healthy snacks

Use this form to sign up for the Mini-Conference

We strongly recommend students be 4th grade or older to attend

You will have to provide a 6 students to 1 adult ratio for this event

Email, fax or send completed form to Jason Choi

REGISTRATION DEADLINE: FRIDAY, OCTOBER 11, 2019

Contact Name _____

School District _____

School Address _____

City _____ State _____ Zip _____

Number of Students Attending _____ Grade Level of Students _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Student Name _____ Grade: _____ T-Shirt Size: _____

Jason Choi

Glendale Unified School District

349A W. Magnolia Ave. Glendale, CA 91204

JasonChoi@gusd.net

P: (818) 552 -2677 / F: (818) 552 - 2689

OFFICIAL 2019 CONFERENCE REGISTRATION FORM - ONTARIO

School Food Service Employees Only - (Industry members please contact Amber at CSNA for Registration Information 818.842.3040)

Registration is NOT OPEN to non-exhibiting Industry Professionals. You must work in a school to attend if your company is not exhibiting.

Leading the Way! - The 67th Annual Conference & Trade Show - November 7 - 10, 2019

PLEASE TYPE OR PRINT. **ONE** REGISTRATION FORM **PER PERSON**. PLEASE DUPLICATE THIS FORM FOR ADDITIONAL COPIES.

NAME _____		TITLE _____	
PREFERRED NAME ON BADGE _____		SPECIAL ACCOMODATIONS & DIETARY REQUIREMENTS _____	
DISTRICT NAME _____			
MAILING ADDRESS _____	IS THIS HOME OR WORK (PLEASE CIRCLE ONE) _____	CITY _____	STATE _____ ZIP CODE _____
WORK PHONE _____	FAX _____	E-MAIL _____	

REGISTRATION FEES

FULL CONFERENCE REGISTRANTS <i>(INCLUDES PRESIDENT'S PARTY & REGIONAL AWARDS BREAKFAST)</i>				SINGLE DAY REGISTRANTS <i>(DOES NOT INCLUDE MEALS UNLESS CHOSEN AND PAID FOR BELOW)</i>			
PLEASE CHOOSE DAY: <input type="checkbox"/> FRIDAY <input type="checkbox"/> SATURDAY <input type="checkbox"/> SUNDAY _____				PLEASE CHOOSE DAY: <input type="checkbox"/> FRIDAY <input type="checkbox"/> SATURDAY <input type="checkbox"/> SUNDAY _____			
	EARLY DISCOUNT FEE <i>(ON OR BEFORE 9/27/19)</i>	REGISTRATION FEE <i>(AFTER 9/27/19)</i>	AMOUNT		EARLY DISCOUNT FEE <i>(ON OR BEFORE 9/27/19)</i>	REGISTRATION FEE <i>(AFTER 9/27/19)</i>	AMOUNT
<i>IF PAYMENT IS RECEIVED</i>				<i>IF PAYMENT IS RECEIVED</i>			
CSNA MEMBERS				CSNA MEMBERS			
DIRECTOR/SUPERVISOR	\$260	\$285	\$ _____	DIRECTOR/SUPERVISOR	\$ 115	\$130	\$ _____
MANAGER	\$245	\$270	\$ _____	MANAGER	\$ 110	\$125	\$ _____
STAFF/STUDENT/RETIRED	\$235	\$260	\$ _____	STAFF/STUDENT/RETIRED	\$ 105	\$120	\$ _____
CSNA PAST PRESIDENT	\$ 0	\$ 50	\$ _____	GUEST	\$ 105	\$120	\$ _____
NON-MEMBERS				NON-MEMBERS			
DIRECTOR/SUPERVISOR*	\$455*	\$475*	\$ _____	DIRECTOR/SUPERVISOR	\$140	\$155	\$ _____
MANAGER*	\$300*	\$325*	\$ _____	MANAGER	\$135	\$150	\$ _____
STAFF*	\$285*	\$310*	\$ _____	STAFF/ STUDENT/RETIRED	\$130	\$145	\$ _____
STUDENT/RETIRED/GUEST	\$285	\$310	\$ _____	GUEST	\$130	\$145	\$ _____
* INCLUDES 1 YEAR SUBSCRIPTION TO CSNA AND SNA (\$192 FOR DIRECTORS AND \$55 FOR MANAGERS AND \$50 FOR STAFF)				MEAL FUNCTIONS (OPTIONAL, NOT ALREADY INCLUDED IN PRICE ABOVE)			
				PRESIDENT'S PARTY - SATURDAY, 11/9	\$ 65	\$ _____	
				REGIONAL BRUNCH - SUNDAY, 11/10	\$ 40	\$ _____	

PRE-CONFERENCE WORKSHOPS *(MUST BE PRE-REGISTERED TO ATTEND)*

Pre-Conference Workshops Thursday November 7, 2019

CDE State Day - 8:30 am - 5:00 pm	\$35 members / \$35 non-members \$ _____
ICN Workshop - 9:00 am - 5:00 pm	\$35 members / \$50 non-members \$ _____
SNS Credentialling Exam - 12:30 pm - 5:00 pm (\$225 SNA Members, \$325 Non-SNA Members - Register Directly with SNA - www.SchoolNutrition.org) (Check in by 12:30 pm - Program begins promptly at 1:00 pm)	



PRE-CONFERENCE TOUR *(MUST BE PRE-REGISTERED TO ATTEND)*

Pre-Conference Tour Thursday November 7, 2019

Local Tour - The Willy Wonka Tour (meet by 8:45 am, bus leaves promptly at 9:00 am)	\$60 \$ _____
---	---------------



I would like to participate in the Fitness Fundraiser on Saturday, November 9, 2019 - 7:00 - 8:00 a.m. - _____ (No Cost)

GRAND TOTAL REGISTRATION/MEALS \$ _____

PAYING WITH CHECK No. _____ MADE PAYABLE TO CSNA AND MAIL WITH COMPLETED REGISTRATION FORM TO:
CSNA, P.O. Box 11376, BURBANK, CA 91510 - PHONE: (818) 842-3040 - FAX: (818) 843-7423

IF PAYING WITH A CREDIT CARD, PLEASE FILL IN THE FOLLOWING INFORMATION SIGN AND MAIL OR FAX TO THE ADDRESS ABOVE.

CREDIT CARD NUMBER _____	EXP DATE _____	BILLING ZIP CODE _____	V-CODE _____
BILLING ADDRESS _____			
SIGNATURE _____			

V-Code is the 3 Digit Code on the back of Visa and MC Cards and the 4 Digit Code on the front of AMEX Cards

PURCHASE ORDERS WILL NOT BE ACCEPTED. REQUEST FOR REFUND MUST BE RECEIVED IN WRITING BY 9/21/19. A \$50 CANCELLATION FEE WILL BE DEDUCTED.

CHILDREN UNDER THE AGE OF 16 YEARS WILL NOT BE PERMITTED INTO THE EXHIBIT HALL. COLLEGE STUDENTS MUST BE REGISTERED BY AN INSTRUCTOR.

FOR FURTHER INFORMATION ABOUT THIS CONFERENCE OR TO REGISTER ON-LINE, PLEASE VISIT www.CALSNA.org



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NAC 2019

NUTRITION ADVISORY COUNCIL

Each year the CSNA Nutrition Advisory Council allocates funds to support a limited number of transportation scholarships to support districts attending the NAC Conferences.

Funds are available on a first come, first serve basis. Please submit your requests early as funds may run out.

Email this form back to Jason Choi, NAC Coordinator, at JasonChoi@gusd.net. We will not accept any scholarship request after Friday, 10/11/2019.

Please type or print the following information. All fields are required.

Name of District: _____

Teacher or Advisor: _____

Email Address: _____

Mailing Address: _____

Phone Number: _____

Check Payable to: _____

TRANSPORTATION COST: \$ _____

Jason Choi
Nutrition Services Department
349A W. Magnolia Ave
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CSNA - NAC

ART CONTEST GUIDELINES

Theme: Leading the Way

Tips for Artists

Past winning entries have usually been:

Simple and clear

Bright and bold colors

Hand drawn

Small details that cannot be reproduced

Careful consideration

BY THE ARTIST SO THAT THE THEME "LEADING THE WAY" IS IMPLEMENTED IN A POSITIVE, CLEAR, UNIQUE, HEALTHY AND CREATIVE WAY

Contest Guidelines

The poster should reflect NAC members responsibility to:

- Work toward high nutrition standards in his/her school
- Bring about understanding and appreciation of school food service
- Become knowledgeable about good nutrition and promote healthy environments

All Students who participate in a CSNA NAC charter are eligible to submit a entry.

Three winners will be selected in these categories:

- One from grades K-4
- One from grades 5-8
- One from grades 9-12

The winner selected from each category will receive \$100.00 and a commemorative t-shirt

Each entry must be accompanied by a completed and signed official entry form (see next page).

Each entry must be the student's original drawing on an 8½ x 11 sheet of plain, white, unlined paper (poster board is not allowed).

Poster design details must be clear and legible for use in various formats (letterhead, t-shirts, coffee mugs, posters, etc.).

The student's name, grade and school must appear on the back of the original artwork.

All entries become the property of CSNA

One of the three winners will also be selected as The Grand Prize Winner!

The Grand Prize winning artwork will be featured in Poppy Seeds magazine

as well as on the back of the official 2018-2019 NAC T-shirt!

DEADLINE: Artwork must be postmarked no later than September 6, 2019

MAIL ENTRIES TO:

Jason Choi

Nutrition Services Department

349A W. MAGNOLIA AVE

GLENDALE, CA 91204



CSNA - NAC

ART CONTEST

Entry Form

Theme: Leading the Way

Mail this completed entry form with the student's artwork to NAC Chair:

Jason Choi

Nutrition Services Department

349A W. Magnolia Ave

Glendale, CA 91204

Guidelines for entries and mailing address on previous page

Use one ENTRY FORM for EACH piece of artwork submitted

Please make copies of this form as needed

NOTE: All entries MUST be postmarked by: September 6, 2019

Entries postmarked after September 6, 2019 are not eligible for this competition

PLEASE TYPE OR PRINT THE FOLLOWING INFORMATION. ALL FIELDS ARE REQUIRED.

STUDENT'S NAME _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

NAC ADVISOR NAME _____ NAC ADVISOR PHONE _____

NAC ADVISOR TITLE _____ NAC ADVISOR EMAIL _____

NAC ADVISOR SIGNATURE _____ CSNA NAC CHARTER NUMBER _____

Jason Choi

Glendale Unified School District

349A W. Magnolia Ave

Glendale, CA 91204

JasonChoi@gusd.net

P: (818) 552 - 2677 / F: (818) 552 - 2689

VOLUNTEERS NEEDED!

Come host a session, either general or education, or help with the resource center, sales or registration. When you become a volunteer you will receive a Wonka Chocolate Bar with a golden ticket to enter the drawing. Plus, there's more! You will be recognized during the general session and in the next issue of Poppy Seeds!

We appreciate all of our volunteers. If you see a camera make sure to smile! And THANK YOU from all your CSNA members.

Interested volunteers, please feel free to register on the CSNA website or through your chapter/regional department.



Do you have your Golden Ticket? Join the California Department of Education Nutrition Services team for a private tour of all four areas of Resource Management: Cafeteria Fund Maintenance, Non-Program Foods, Paid Lunch Equity and Indirect Costs. Your journey will be full of little surprises around every corner. Come learn if that flying glass elevator is an allowable cost to the cafeteria fund, and if you must include all those pounds of chocolate in your non-program food calculation.

Just remember: no messing about, no touching, no tasting, and no telling!



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COASTERS



MEET YOUR 2019 SCHOOL LUNCH HEROES!



BY PARISA MOHAMMAD, MDA, RD
SOUTHERN CALIFORNIA MARKETING CHAIR

WE HAD OVER 30 SUBMISSIONS FOR THE 2019 "I LOVE MY SCHOOL LUNCH HERO VIDEO CONTEST!" THANK YOU TO STUDENTS, TEACHERS, PARENTS, AND ADMINISTRATORS WHO NOMINATED AND SUBMITTED AN ENTRY. THE FOLLOWING WINNERS WILL RECEIVE \$500 FOR THE SCHOOL LUNCH HERO AND \$500 FOR THE CLASS WHO NOMINATED THE HERO.

PRIMARY GRADE WINNER- MARIA VALDEZ J.P. KELLEY ELEMENTARY- RIALTO UNIFIED

"Maria is the epitome of what a Child Nutrition Services Worker should be. She goes above and beyond her job description. Her love for the students and her love for her job is apparent in her never ending smile. She tends our school garden in order to bring fresh fruits and vegetables to our students. She makes sure everyone is fed and ready to learn. She is an essential part of our school. Our parents, students, classified, certificated staff and administrators admire her unending dedication. She is our school lunch "SUPER HERO."

-Nominated by Ms. Tina Pham,
1st Grade Class



MEET YOUR 2019 SCHOOL LUNCH HEROES



SECONDARY GRADE WINNER SUZIE BLANDON-BUCK JUNE JORDAN HIGH SCHOOL SAN FRANCISCO PUBLIC SCHOOLS

"Ms. Suzie is a close friend of our special education program. She is a very nice woman and also she is very tough and strong. She always takes extra care of us and makes sure we have bag lunches for field trips. She knows what foods the kids like best, helps them make their choices and helps them to the table. All of the students love her very much."



-Nominated by
Ms. Claire
Davenport, 9th
Grade Class

Please continue to recognize your Nutrition Services Staff for their efforts in nourishing our children. Whether he or she takes first place or not, it remains an honor to be nominated.

TO WATCH THE WINNING VIDEOS, PLEASE VISIT WWW.EATSMART2BESMART.ORG AND STAY TUNED FOR THE NEXT #EATSMART2BESMART CONTEST! A BIG THANK YOU TO OUR SPONSORS BELOW!





A NEW IDEA

By Julie Calderon, Chapter #44 Public Relations Chair

Chapter 44 President, Carrie Bogdanovich, had a great new idea, “Speed Training”, a twist on the well-known “Speed Dating.” On February 28 Chapter 44 held our first “Speed Training Event.” The February meeting is traditionally our annual “Red Dress Meeting” to support Heart Health. In addition, this year we added a chapter wide campaign to support the “March for Babies” March of Dimes Fundraiser where we collected spare change and presented our collection at the March for Babies Walk in Apple Valley in April. This meeting had something for everyone.

During the Speed Training portion of our monthly meeting, each member had the opportunity to stop at each station for an 8-minute training on each topic before they moved on to the next station. Each station had props and interactive elements to make sure everyone was engaged.

Six member districts each had a station to share their unique talents in training with everyone who attended. Apple Valley trained on “Cross Contact/ Contamination,” Barstow trained on “FIFO” with an eye catching display, Adelanto Elementary shared the “History of Germs and Proper Hand Washing

Techniques,” Hesperia taught “Offer vs Serve.” Snowline shared “Positive Tips on Customer Service” and Victor Elementary shared “A Calibration Station” to make sure everyone is on point.

Many other districts attended from near and far – Riverside, Fontana, Palm Springs, and Oro Grande – all came to the event. Thank you to our Vendors who also came to support Chapter 44 and learn with the members. Chris Long with Long Legacy, Winnie “Mama” Chang with Chefs Corner, Jim Montoya & Bob Oviedo with Ardella’s Pizza, Christine Banta with Fisher Group, Joey Cuevas with Schools First Credit Union, Jim Nordstrom with Utility Refrigeration, and Roderick Jones with John Soules Chicken were all in attendance.

We enjoyed a delicious dinner of Mandarin Orange Chicken, provided by Chefs Corner, with rice, salad, Fruit Pearls and Wacky Cake, which was hosted by Hesperia Unified School District.

Great Job Chapter 44 for another successful chapter meeting!

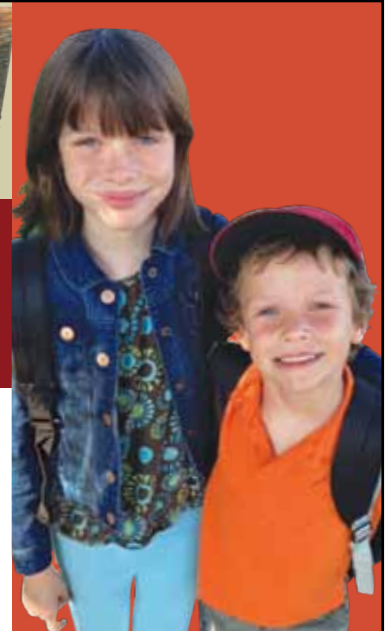


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AWARDS & SCHOLARSHIP OPPORTUNITY

By Judi Reynolds, Awards & Scholarship Chair

Put your thinking cap on and fingers to the keyboard! It's time to nominate our bosses, co-workers and colleagues. The greatest complement we can give is to submit a nomination for recognition for the hard work, dedication, and commitment witnessed each and every day in this industry. Awards and Scholarships are available for this year's Annual Conference in Ontario, CA from November 7– 10, 2019.



SCHOLARSHIPS AVAILABLE FOR:

- Conference Scholarship (up to \$250 for registration)
- Josephine P. Morris Scholarship
- Audrey Melikian Scholarship
- Graduating High School Senior Scholarship

RECOGNITION AWARDS AVAILABLE FOR:

- Nutrition
- Legislation
- Professional Growth
- Public Information
- Creativity
- Communications

AWARDS AVAILABLE FOR:

- Director of the Year
- Manager of the Year
- Employee of the Year
- Moscone Commitment to Child Nutrition Award
- Don Flahiff Industry Appreciation Award

**ALL Nominations are Due by
September 1, 2019**

All nominations must be submitted no later than September 1, 2019 to CSNA – Awards & Scholarship: awards@calsna.org. Specific details on who can nominate CSNA members and professional requirements can be found on the CSNA Website at www.calsna.org under the Professional Development tab.

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NORCAL CHAPTER 2 VISITS ALAMEDA COUNTY COMMUNITY FOOD BANK

By Lisa Maloney, Director of Child Nutrition, Castro Valley USD

Nor Cal Chapter 2 had a CSNA meeting on March 14, 2019 at the Alameda County Community Food Bank. It was a very educational meeting with lots of great presentations from local organizations about the grass roots efforts to provide free, healthy, local, sustainable, food and services to families with school age children. It is our priority and desire to purchase from farmers and ranchers who take care of the land and their workers. We believe good food is a right for everyone not a privilege! In the words of Alice Waters “If we could change the criteria for purchasing food in public schools to local and organic we could change farming overnight.”



This would also help to teach our students the values of proper nourishment, stewardship and community. We also had a round table discussion with several chapter 2 members who went to the LACs in Sacramento and Washington DC. Cafeterias are the heart of our schools and deserve attention from our legislators. Groups like CSNA are valuable for presenting information to them and asking for their support to help pass bills to promote the NSLP.



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What is Marketing and Public Relations?

by Roger Evers, SNS,
CSNA Chair, Internal Marketing and Public Relations

Marketing is simply merchandising, advertising, promoting, and selling products and/or services to customers. In our field of School Nutrition, this can relate to any strategy for School Nutrition Professionals to get foods and beverages into the hands and bellies of our number one customers - the students we serve each and every school day. This also includes site cafeteria staff, Principals, Administrators, Teachers, Aides, Custodians, possibly visiting parents or School Board Members –and the list goes on and on.

A “**marketing mix**” is simply defined by its’ four applications: Product, Pricing, Placement and Promotion.

The **products** we offer and serve can be advertised by means of a posted and advertised menu. This could be done on menu boards, during morning announcements, on the food service department’s website and the easiest (and free) promotion is by word-of-mouth discussions from student to student, to their teachers, parents, relatives, etc.

The **pricing** has to be so that it is affordable and somewhat aligned with food vendors outside of our

campuses to get them in the door. Current trends for students also include price but price is not the most important variable of why they frequent or don’t frequent our lunch lines.

Placement means location, creative merchandizing and easy access, short wait-times and eye-appeal. Most students at the secondary level will usually not wait in the lunch line more than 10 minutes to get their lunch. They need their lunch period to socialize with their friends while enjoying a nutritious meal at the same time.

Promotion is advertising the benefits of eating foods offered at school, positive publicity gained by providing nutritious, fresh foods in an inviting and safe environment. It is also the emphasizing of the need for our food programs that exists due to the socioeconomic status of a great majority of students served state-wide.

Conversely, public relations is developing and maintaining external relationship-building communication channels. These are centered on trust and visibility with those entities our food service departments serve and are accountable to.

Continued on Page 50



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These channels could be, based on your department's policies and procedures, the local news media, PTSA, District web-sites, open Board Meetings, Facebook, Twitter, Insta Gram, YouTube, etc. These outlets may be a powerful tool to promote the food services department. Subsequently, such efforts may increase school meal awareness and its benefits to students that may rarely or never frequent the cafeteria. These strategies may increase participation and popularity, a win-win situation for all of us.

In closing of this article, I learned a few simple strategies to get the word out of what you do every day in your kitchens. They are simple, stress-free and cost you nothing.

These strategies may include:

- If you can, slowly incorporate simple, scratch-cooked menu items at your sites
- Whole-heartedly use your entitlement funds to strengthen your menu offerings

- Be flexible in your menu - trends change
- Provide on-going staff training to boost confidence and gain buy-in for enhanced marketing of your program
- Tell others your story! If you don't tell your story of what you're doing in your kitchen, someone else will - it could be good, bad, or ugly
- Attend local wellness fairs to learn new trends and strategies to increase participation
- "Choosing" is a new mind-set for students. The opposite of choosing is settling for the default
- Don't make your kitchen/cafeteria the default at meal time. Make it the students #1 choice in their learning day to help them succeed in the classroom and beyond

USDA “Show Us Your Tray” Contest

by Bobby Griffin, Cafeteria Manager, Bakersfield City School District

In February Eric Sabella, Nutrition Services Director for the Bakersfield City School District, and Bobby Griffin, Cafeteria Manager at Ramon Garza Elementary School, teamed up to create a recipe to enter into the “2019 Show Us Your Tray Photo Contest” sponsored by the USDA. The challenge was to create a kid-friendly lunch showcasing various USDA products. Eric and Bobby created a Pesto Pasta Primavera made with whole grain penne pasta, cherry tomatoes, fresh basil, broccoli, zucchini, yellow squash, pesto sauce, and USDA diced chicken. Paired with a fresh and

delicious Caprese Salad made with heirloom cherry tomatoes, fresh basil, USDA string cheese, and a balsamic glaze. To top it off they assembled a delicious and healthy dessert, Strawberry Shortcake using frozen USDA strawberry, whipped topping, & a whole grain Biscuit. They finished off this meal with some delicious grapes and a ice cold refreshing glass of milk. As a result of their hard work and creativity, Eric and Bobby won the Say Cheese Award excelling over 250 submissions from school districts across the nation.





WHAT'S COOKING WITH CHEF JIM

Summertime is salad time! But a salad without dressing is just, well, a big bowl of lettuce. Here are some easy, no-cook salad dressings that can be made in any kitchen. Enjoy your veggies!

RANCH DRESSING VARIATIONS

Add any of the following to one quart of ranch dressing:

- Roasted Garlic Ranch—1 cup pureed roasted garlic
- BBQ Ranch—1 cup prepared BBQ sauce
- Cilantro Jalapeno Ranch—1/3 cup chopped fresh cilantro, plus 1/3 cup chopped canned jalapeno peppers

CAESAR DRESSING

Combine the following until smooth:

Lite mayonnaise	30 lb.
Worcestershire sauce	2 ½ oz.
Cider vinegar	1 cup
Parmesan cheese	1 lb.
Salt	2 Tbsp.
Ground black pepper	2 Tbsp.
Dijon mustard	3 oz.
Water	2 qt.
Garlic, chopped fresh	6 oz.
Hot sauce	2 Tbsp.





BY SALLY SPERO, SNS, | CHILD NUTRITION DIRECTOR, LAKESIDE UNION SCHOOL DISTRICT



HONEY MUSTARD DRESSING

Combine the following until smooth:

Lite mayonnaise	4 gallons
Dijon mustard	½ gallon
Honey	½ gallon
Cider vinegar	3 cups

COLESLAW

Combine the following until smooth and mix with 7 lbs. shredded vegetables of your choice (cabbage, carrots, kale, etc.)

White vinegar	3 cups
Granulated sugar	3 cups
Vegetable oil	6 oz.
Dijon mustard	2 Tbsp.
Celery salt	2 Tbsp.



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- Exclude my home address
- Exclude my email address
- Exclude all information from the directory

- Employer pays dues: Yes No
 Employed by: Public School System
 Private School System
 Private management company

Person who introduced you to CSNA:

Subscription Categories (Please check one)	Includes SNA, CSNA and Local Chapter Dues
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<input type="checkbox"/> Foodservice Employee (site level)	\$ 50
<input type="checkbox"/> Foodservice Manager (site level)	\$ 55
<input type="checkbox"/> Student	\$ 50
<input type="checkbox"/> Retired	\$ 50
<input type="checkbox"/> Foodservice Dir/Spvr/Specialist** (this category is for members employed at the district level)	\$ 187
<input type="checkbox"/> District <input type="checkbox"/> Major City <input type="checkbox"/> State Agency	
<input type="checkbox"/> Foodservice Educator**	\$ 187
<input type="checkbox"/> Other (principals, etc.)***	\$ 187
<input type="checkbox"/> Affiliate***	\$ 32
<input type="checkbox"/> Part-Time <input type="checkbox"/> Retired	
<input type="checkbox"/> I would like to join a 2 nd chapter	
Local Chapter	\$ 5
Supervisory Chapter	\$ 25
Voluntary California School Nutrition Foundation Contribution	\$ _____
TOTAL	\$ _____

***Dues allows you to join one supervisory chapter in place of a regular local chapter. You can chose chapter 1, 2, 10, 20, or 45.*

****All foodservice employees working less than 4 hours and retired members who do not choose to vote in SNA national elections or receive a subscription to School Nutrition magazine, but need SNA membership to maintain certification.*

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**Spain extension currently
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Contact Tony Roberts for more information.

Phone: 714-272-7929 Email: Tonybagelman@cs.com

UPCOMING TRIPS * June 2021 Africa * Spring 2022 Australia

Master Calendar



July 2019

14-16 *SNA Annual National Conference - St. Louis, MO* **SNA**

November 2019

07-10 *CSNA 67th Annual Conference - Ontario, California* **CSNA**

May 2020

03-05 *CSNA Child Nutrition & Industry Summit - San Diego* **CSNA**

October 2020

29-11/1 *CSNA 68th Annual Conference - Pasadena, California* **CSNA**

November 2021

11-14 *CSNA 69th Annual Conference - Sacramento, California* **CSNA**

Please note that these dates are tentative and subject to change

For further information on CSNA events, including Chapter events, please visit www.CALSNA.org/calendar.php or call 818-842-3040.

For more information on SNA events, please visit www.schoolnutrition.org

POPPY SEEDS

THE OFFICIAL JOURNAL FOR THE
CALIFORNIA SCHOOL NUTRITION PROFESSIONAL

SUMMER 2019 • VOLUME 63 • NO. 1

CALIFORNIA SCHOOL NUTRITION ASSOCIATION HEADQUARTERS

P.O. Box 11376
Burbank, CA 91510
818-842-3040 Fax: 818-843-7423
www.CALSNA.org

PUBLISHER & EDITOR Jon Nichols

California School Nutrition Association
PO Box 11376
Burbank, CA 91510
818-843-5660
Editor@calsna.org

CSNA Taxpayer's Identification
#95-02626680

POSTMASTER: Send address changes to:

California SNA
P.O. Box 11376
Burbank, CA 91510

For advertising information and
contributions, contact the
CSNA Headquarters Office.

*Poppy Seeds is published quarterly
by the California School Nutrition
Association of the United States,
an independent professional
education association
incorporated not for profit.*

Poppy Seeds is printed
for CSNA by: Sundance Press
800-528-4827

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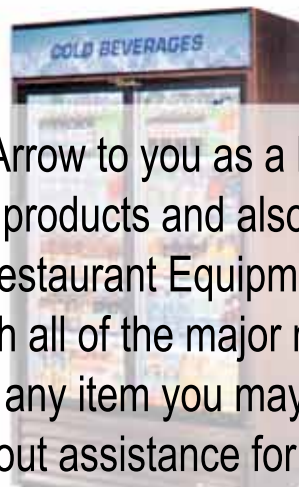
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President/ CEO



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